

MCSA Women's Fleet Race Championship
Hosted by the University of Michigan

April 16-17, 2022

University of Michigan Sailing Club. 8010 Strawberry Lake Rd, Dexter, MI 48130



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the current Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, and the Notice of Race, except as modified by these Sailing Instructions. ICSA PR 32 (Immediate Penalties For Breaking RRS 42) shall be in effect.

2. NOTICE TO COMPETITORS

- 2.1. Notices will be posted on the Notice Board on Techscore and the Official Notice Board inside the clubhouse.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, Apr 16, 2022

0830 Reporting time: 0830
0900 Competitors' Meeting and Roll Call
0930 First Warning Signal

Sunday, Apr 17, 2022

0830 Reporting time: 0830
0930 First Warning Signal

Time No Starting Signal After 1500

- 4.1. The teams attending will be:

University of Michigan

University of Wisconsin

Marquette University

Northwestern University

5. FORMAT

- 5.1. The format will be a double round robin two division regatta (See also PR 24).

6. BOATS AND EQUIPMENT

- 6.1. Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. FJ mainsheets may be rigged with a 3:1 or 4:1 purchase.
- 6.4. The penalty for infringing the above instructions shall be disqualification from all races sailed in contravention of these sailing instructions.
- 6.5. Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 6.6. Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may grant redress for the failure of the main halyard masthead knot.

7. ROTATION OF BOATS

- 7.1. The rotation of boats will be in accordance with the provided rotation sheet on the official notice board and on Tech Score.
- 7.2. The rotation of boats will occur at the dock.

8. THE COURSE

- 8.1. The courses will be W3s, W4s, or W5s and will be announced orally and located on the course diagram(s) on the Notice Board.
- 8.2. Rounding marks will be small, red, pink, or yellow spherical buoys, except for the gate marks and the upwind finish marks, which will be yellow. A graphic is included at the bottom of the SIs.
- 8.3. Any mark of the course may be moved in accordance with PR 18 (c)(i).

9. START/FINISH

- 9.1. Races will be started in accordance with PR 18(b and PR Appendix C.
- 9.2. Code flags “A” and “B” may be used to signal each division's start.
- 9.3. The “I” Flag may be displayed at any time. When the “I” Flag is displayed, RRS 30.1 “The Round the Ends Rule” is in effect.
- 9.4. The start line will be between an orange flag staff on the Race Committee Boat and a red mark on the port end of the line.
 - 9.4.1. Competitors will be notified of a mark color change at the skipper’s meeting
- 9.5. The finish line for downwind finishes (W4) will be between an orange staff on the Race Committee boat and a nearby red mark. For upwind finishes (W3 and W5), the finish line will be between an orange staff on the Race Committee boat and the red windward mark.
 - 9.5.1. Competitors will be notified of a mark color change at the skipper’s meeting
- 9.6. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.
- 9.7. Starts may not be delayed due to capsized boats. This decision is at the discretion of the Race Committee.

10. RECALLS

- 10.1. Individual Recalls will be signaled in accordance with PR 18(b)(ii) except the maximum time Code Flag “X” will be displayed is 60 seconds. The Race

Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.

- 10.2. Multiple horns/whistles and the hail of the words "General Recall" will signal a General Recall. The "first substitute" flag may be displayed to help with general recalls.

11. PROTESTS AND PENALTIES

- 11.1. Protest shall be filed in accordance with the ICSA Procedural Rules except that "Race Committee" in PR 29(b) is changed to "Race Committee Finish Boat."
- 11.2. PR 30 is in effect. Protests shall be filed within 30 minutes of coming ashore after the race in which the incident occurred.
- 11.3. Protest forms will be available at the official Notice Board outside of the clubhouse and shall be filed with the Race Committee that is present.
- 11.4. Video, data and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes RRS 63.6.
- 11.5. Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.
- 11.6. All student-athletes shall register annually with ICSA prior to competing.
- 11.7. A college team representative shall enter completely on the Record of Participation Form the names and class years of all skippers and crews who competed, as well as the races in which they competed. A team failing to properly complete the Record of Participation Form before the expiration of protest time at the end of the regatta, shall be rescored according to PR 33(a) for fleet racing and PR 33(b) for team or match racing. (See also PR 24 and PR Appendix D - ICSA FORMS).

12. JUDGING

- 12.1. Coaches of uninterested parties to a protest may need to serve as part of the regatta protest committee.

13. COACHING

- 13.1. In accordance with PR 19.
- 13.2. Coaching shall be from an Organizing Authority (OA) provided coach boat, or from the shores or docks of the regatta site.

14. SAFETY

- 14.1 Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 14.2. All coaches, competitors, and alternates must wear USCG approved PFDs when afloat.
- 14.3. A capsized boat may be righted and sailed by its crew unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored "DNF".
- 14.4. A boat that retires is asked to notify the Race Committee either before leaving the course area or immediately upon arriving ashore.
- 14.5. Team Uniforms - All student-athletes competing in ICSA regattas shall wear a uniform designating their college. The uniform shall be a lightweight jersey, bib, or pinnie worn over the lifejacket, or like-colored lifejackets. To designate the college, any combination of the college's name, nickname, mascot, or other identifying image shall be present on the back of the uniform and, except for an individual's name or number, shall be the same for all team members competing. ICSA recommends that the image used to designate the college be at least 8" X 8" in size.

15. MINIMUM WIND STRENGTH

- 15.1. Races should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period of time before the start as measured using instrumentation and while not moving over the bottom or anchored.

- 15.2. If the wind speed is less than three knots (3.45 mph) in the starting area at any time during the last minute prior to the start signal, the start should be abandoned.

16. RIGHTS TO USE NAME AND LIKENESS

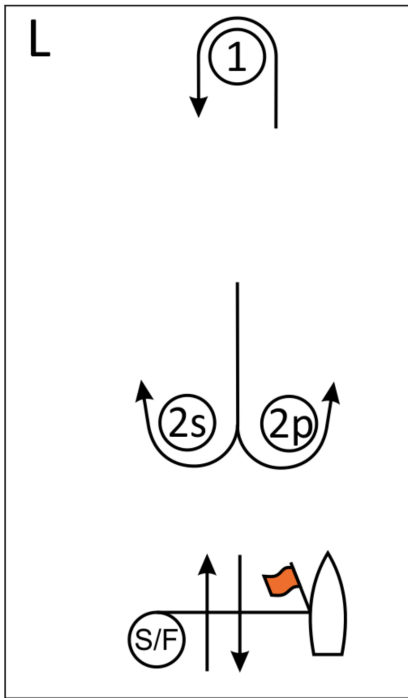
- 16.1. By participating in this event, competitors automatically grant to the OA and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

17. CAMERAS, ELECTRONIC EQUIPMENT, DRONES, AND U.A.V.s

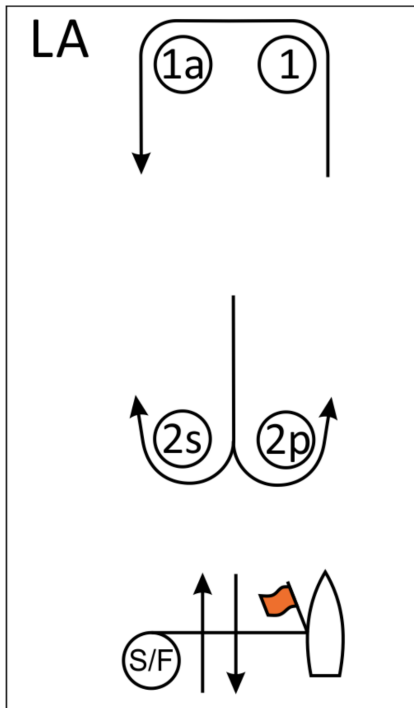
- 17.1. Boats may be required to carry cameras and/or sound equipment as specified by the OA.
- 17.2. Individuals and their teams are permitted to use personal video/film/camera or sound recording equipment on their boats, however, the video and audio obtained by their personal cameras may not be used during a protest hearing. Video/film/camera equipment includes, but is not limited to, GoPro and other action cameras, U.A.V.s, and Drones.

18. COVID-19 SAFETY PROTOCOLS

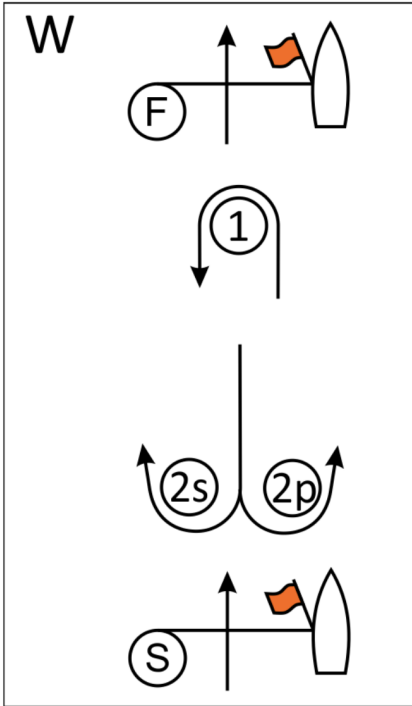
- 18.1. At the regatta venue or on the water from the time of their arrival at the venue, until their final departure, all teams must follow the most recent COVID-19 safety guidelines provided by the ICSA.



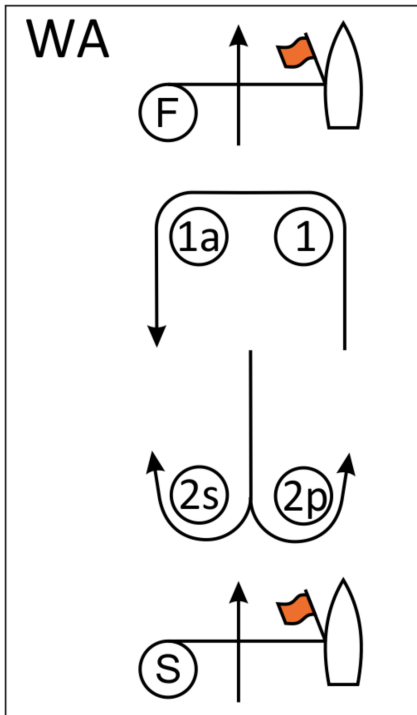
Course L – Windward/Leeward, Leeward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
L2	Start – 1 – 2s/2p – 1 – Finish
L3	Start – 1 – 2s/2p – 1 – 2s/2p – 1 – Finish
L4	Start – 1 – 2s/2p – 1 – 2s/2p – 1 – 2s/2p – 1 – Finish



Course LA – Windward/Leeward with Offset Mark, Leeward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
LA2	Start – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish



Course W – Windward/Leeward, Windward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
W2	Start – 1 – 2s/2p – Finish
W3	Start – 1 – 2s/2p – 1 – 2s/2p – Finish
W4	Start – 1 – 2s/2p – 1 – 2s/2p – 1 – 2s/2p – Finish



Course WA – Windward/Leeward with Offset Mark, Windward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
WA2	Start – 1 – 1a – 2s/2p – Finish
WA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – Finish
WA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – Finish