

Central Series  
Massachusetts Maritime Academy  
March 20th, 2022

Sailing Instructions

**1. Rules**

1.1 This regatta will be governed by the rules as defined in the Racing Rules of Sailing 2021- 2024, the ICSA Procedural Rules, and these Sailing Instructions.

**2. Notices To Competitors**

2.1 Notices to competitors, including boat assignments, will be available on techscore

**3. Changes in Sailing Instructions**

3.1 Any changes on the sailing instructions will be announced orally by the race committee and posted on the official notice board located outside the locker rooms

**4. Boats and Equipment**

4.1 Whitecap Turbo FJ's will be provided. Shrouds may not be adjusted.

4.2 Competitors shall report any damage or loss of equipment to the Race Committee on the water.

**5. Format and Rotation**

5.1 The regatta format will be 12 races in each division, 3 races in each division will constitute a regatta

5.2 The rotation of boats will be in accordance with the provided rotation sheet posted on the official notice board and on Techscore

**6. Schedule**

6.1 Report time on Sunday the 20th is 930

6.2 The competitors meeting will take place at 945

6.3 The warning signal for the first race will immediately follow the competitors meeting

**7. Courses and Marks**

7.1 Courses will be W3, W4 or W5 as shown in appendix A

7.2 If a W3 or W5 the finish will be between the windward mark and the offset

7.2 Marks will be orange

7.3 The course will be announced orally before the warning signal

**8. Starting and Finishing**

8.1 The start and finish line will be between a staff flying an orange flag on the Race Committee Signal Boat and a white starting mark.

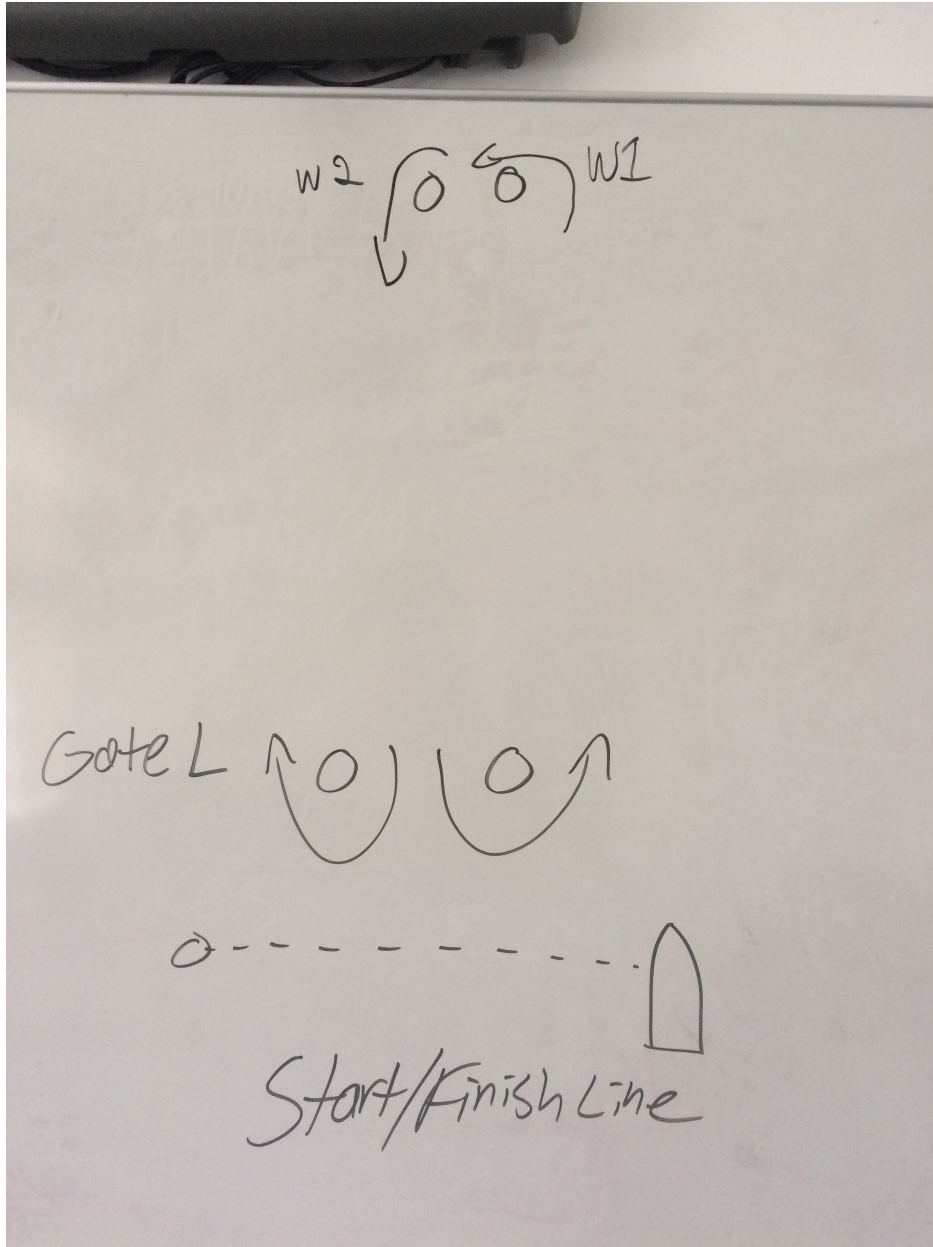
**9. Protests**

9.1 Protests shall be filed within 15 minutes of reaching the shore after the race in which the incident occurred. A committee of coaches will hear any protests

**10. Coaching**

10.1 Coach boats will not be provided. All coaching shall be done ashore.

Appendix A



W3: Start, W1, W2, Gate L, Finish Between W1 and W2

W4: Start, W1, W2, Gate L, W1, W2, Finish

W5: Start W1, W2, Gate L, W1, W2, Finish between W1 and W2