

**Women's Team Race**  
February 29 – March 1, 2020  
Boston University Sailing Pavilion

---

**SAILING INSTRUCTIONS**

**1. RULES**

This regatta shall be governed by the 2017-2020 Racing Rules of Sailing (RRS), including Appendix D, and the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2017-2020, except as any of these are modified by these Sailing Instructions.

**2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the whiteboard inside the BU Sailing Pavilion and on the regatta Notice Board on Techscore, when possible.

**3. CHANGES TO SAILING INSTRUCTIONS**

Any changes made to these Sailing Instructions will be announced orally and posted prior to the first race in which they will take effect.

**4. SCHEDULE OF EVENTS**

February 29 <sup>th</sup>	1030	Report Time
	1045	Competitors Meeting
	1115	First Warning
March 1 <sup>st</sup>	1000	Report Time
	1045	First Warning
	1500	No Warning Signal After

**5. FORMAT**

All six teams will sail a series of round robins. No incomplete rounds will be scored. However, scores from an incomplete round may be used to break ties.

The Race Committee (RC) reserves the right to end racing at any time due to safety concerns.

**6. BOATS & EQUIPMENT**

LaserPerformance Collegiate FJs will be provided for all competitors, who must not modify any boat or cause them to be modified in any way. Competitors may rig the mainsheet purchase either 3:1 or 4:1.

Competitors may adjust the standing rigging after obtaining the prior consent of the PRO. Competitors are prohibited from adjusting the standing rigging during a race.

The penalty for infringing either of the above instructions will be disqualification from all races sailed in contravention of those instructions.

Competitors must report all damage and/or loss of equipment, however slight, to the Race Committee immediately after finishing a race.

## **7. ROTATION**

All boat rotations will take place in accordance with the rotations posted on Techscore. Rotations will take place at the designated rotation dock, located on the Esplanade approximately ½ mile east of the BU Sailing Pavilion. An alternative rotation may be used, where teams stay in one set of boats for the entire round and switch boats after every round is completed. This would allow more races to be completed. The use of the alternative rotation will be announced at the Competitor's Meeting.

## **8. RACING AREA**

All races will be held on the Charles River near the rotation dock.

## **9. COURSE**

The course will be a standard Digital-N. All marks will be orange balls, unless otherwise announced during Saturday's competitors meeting.

## **10. START & FINISH**

The starting line will be between a staff displaying (an orange flag or BU Burgee) and an orange mark. The finish line will be between two orange marks.

## **11. INDIVIDUAL RECALLS**

Individual recalls will be signaled in accordance with ICSA PR 18(b)(ii).

## **12. PROTESTS**

A protesting boat shall notify both the finish boat and the protested boat in accordance with PR 29(a) and 29(b). Protest forms must be filled out in accordance with RRS 61.2 and delivered to the PRO or member of the Boston University Sailing Team that is helping with the event. The time limit for filling out protest forms will be 15 minutes after the last boat hits the dock at the conclusion of sailing on either day.

The jury will consist of two coaches, selected by the PRO, affiliated with teams that are not parties to the protest.

## **13. SCORING**

RRS D3 and D4 shall be used, as modified by ICSA Procedural Rule 25. Breakdowns will be scored in accordance with RRS D.5, as changed by ICSA Procedural Rule 20.

## **14. ABANDONMENT**

After the Starting Signal, the Race Committee may abandon a race as appropriate for any reason directly affecting the safety or fairness of the competition. The competitors will be notified verbally by the Race Committee. This changes RRS 32.

## **15. COACHING**

In accordance with PR 19, all coaching will take place from the rotation dock and the Esplanade. If there are enough boats available the PRO may decide to allow one coach per team on the water. If this is allowed, it will be announced at the competitor's meeting. No extra sailors will be allowed on the water.

## **16. SAFETY**

A boat requesting assistance from support boats should signal by waving hands overhead.

A capsized boat may be righted and sailed by its crew unless, in the sole judgement of the Race Committee, the safety or progress of the regatta would be affected, in which case the crew must accept assistance and the Race Committee will score the boat as DNF.

A boat that retires must notify the Race Committee either before leaving the course area or immediately after arriving on shore.

Drysuits or wetsuits are mandatory for all sailors. The Race Committee will not allow sailors to compete without a drysuit or wetsuit.