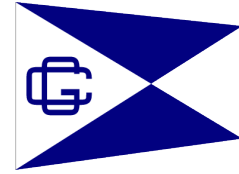




Vietor Trophy
U.S. Coast Guard Academy
New London, CT
March 23-24, 2019



SAILING INSTRUCTIONS

1. **RULES**

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2017-2020), and the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2017-2020, and the NEISA Rules and Regulations, except as any of these are modified by the Sailing Instructions.

2. **NOTICES TO COMPETITORS**

- 2.1. Notices will be posted on the official regatta notice board located in main classroom of Jacobs Rock.

3. **CHANGES IN SAILING INSTRUCTIONS**

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. **SCHEDULE OF EVENTS**

Saturday	1130	Report Time	Sunday	0930	Report Time
	1145	Competitors Meeting		1000	First Warning Signal
	ASAP	First Warning Signal		1500	No start after this time
	1800	No start after this time			

5. **FORMAT**

- 5.1. The event will be sailed in two divisions.
5.2. On Saturday, both divisions will sail Z420s. On Sunday, A-Division will sail FJs and B-Division will sail Z420s.
5.3. Eighteen races are scheduled.

6. **BOATS & EQUIPMENT**

- 6.1. 2013 Laser Performance FJs and 2015 Laser Performance Z420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
6.2. The standing rigging shall not be adjusted.
6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
6.4. Competitors shall report all damage or loss of equipment, however slight, to CGA staff on shore or to the Race Committee Finish Boat on the water.

7. **ROTATION**

- 7.1. The rotation of boats will be in accordance with the online rotation, which will be available prior to the competitors' meeting.

8. **MARKS**

- 8.1. All rounding marks will be orange balls.
8.2. The starting mark will be a green ball. The starting line will be between a staff displaying a red flag on the Race Committee Start Boat and the starting mark.
8.3. On courses with a downwind finish, the finishing mark will be a green ball. The finishing line will be between a staff displaying a red flag on the Race Committee Start Boat and the finishing mark.
8.4. On courses with an upwind finish, the finish line will be between two orange balls.

9. **COURSES**

- 9.1. Courses will be posted on the official notice board.

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

11. RECALLS

11.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).

12. PROTESTS

12.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

12.2. Protests shall be filed with 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Official Notice Board. This changes PR 30.

12.3. Protests forms will be available in the Judges Room on the 2nd floor of Jacobs Rock.

13. SAFETY

13.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

13.2. Starts will not be delayed to accommodate capsized boats.

13.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board on the morning of each day of competition.

14. COACHING

14.1. PR 19 will apply.

14.2. Coaches are highly encouraged to be on the water. Coach boats will be provided. All coaches must wear US Coast Guard approved PFDs.

