

# Thompson Trophy

Connecticut College  
U.S. Coast Guard Academy  
New London, CT  
April 13 – 14, 2019

## SAILING INSTRUCTIONS

### 1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2017-2020) and the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2017-2020, except as any of these are modified by these Sailing Instructions.
- 1.2. PR 32 shall be in effect

### 2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located in the Connecticut College Boathouse.

### 3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

### 4. SCHEDULE OF EVENTS

Saturday	10:30	Report Time	Sunday	10:00	Report Time
	10:45	Competitors Meeting		10:30	First Warning Signal
	ASAP	First Warning Signal		3:00	Last Possible Warning Signal

### 5. FORMAT

- 5.1. The event will be sailed in three divisions.
- 5.2. A single round robin of 18 races is scheduled. Competitors will switch boats after every two races.

### 6. FORMAT

- 6.1. The regatta will be sailed in three divisions with two fleets of boats. The rotation of fleets will be as follows:
  - 6.1.1. A-Division : Dock, FJ, Z420, repeat
  - 6.1.2. B-Division : FJ, Z420, Dock, repeat
  - 6.1.3. C-Division : Z420, Dock, FJ, repeat

### 7. BOATS & EQUIPMENT

- 7.1. Laser Performance FJs and Laser Performance Z420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 7.2. The standing rigging shall not be adjusted.
- 7.3. The penalty for infringing instruction 7.1 or 7.2 will be disqualification from all races sailed in contravention of those instructions.
- 7.4. Competitors shall report all damage or loss of equipment, however slight, to Conn College staff/sailors on shore or to the Race Committee Finish Boat on the water.

### 8. ROTATION

- 8.1. The rotation of boats will be in accordance with the online rotation, which will be available prior to the competitors' meeting.

### 9. MARKS

- 9.1. All rounding marks will be college style buoys.

**10. COURSE**

10.1. Courses will be posted on the official notice board.

**11. STARTING SYSTEM**

11.1. Races will be started in accordance with PR 18(b)(i).

**12. RECALLS**

12.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).

12.2. A general recall will be used in accordance to PR 18(b)(iii), except that the "1 minute rule" (RRS 30.1) will not be used. This changes PR 18(b)(iii).

**13. PROTESTS**

13.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

13.2. Protests shall be filed with 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Official Notice Board. This changes PR 30.

13.3. Protests forms will be available in the Judges Room on the 2<sup>nd</sup> floor of Jacobs Rock.

**14. SAFETY**

14.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2. Starts will not be delayed to accommodate capsized boats.

14.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board on the morning of each day of competition.

**15. COACHING**

15.1. PR 19 will apply.

15.2. Coaching will be on shore.