

2019 SAISA Co-ed Championships

Sailing Instructions

April 6 & 7th 2019

Hosted By: University of North Carolina- Wilmington & Carolina Yacht Club

1. Rules

1.1 The regatta will be governed by the current Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), and the ICSA Collegiate Dinghy Class Rules, except as modified by these Sailing Instructions

1.2 RRS Appendix P will be in effect, as modified by PR 32.

1.3 Any questions regarding these Sailing Instructions should be submitted in writing to Katrina Williams, katrina@carolinayachtclub.org and will be passed on to the jury.

2. Notices to Competitors

2.1 Notices to Competitors will be posted on the Official Notice Board located inside the gazebo on the sound side.

3. Changes to Sailing Instructions

3.1 Any change in the Sailing Instructions will be announced orally and posted before the first race in which they are to take effect.

3.2 Oral changes to the Sailing Instructions may be given on the water by a hail from the Signal Boat in accordance with RRS 90.2(c). Changes must be made before the warning signal.

3.3 Other changes may be made to expedite the running of the event if Chief Judge approves and all teams are notified before the race in which the change would take effect.

4. Schedule of Races

Saturday 1300: Report time
 1315: Competitors meeting

1345: First warning for 1st race Warnings for subsequent races will be sounded as soon as possible after a reasonable amount of time is given for the rotation of boats. **Starts will not be delayed.**

Sunday 0830: Report time

0900: First Warning Warning for subsequent races will be sounded as soon as possible after a reasonable amount of time is given for the rotation of boats. **Starts will not be delayed.** No race shall start after 1500.

5. Personal Flotation

5.1 Life Jackets will be worn by all competitors shore to shore. This changes RRS 40.

6. Boats & Equipment

6.1 E420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

6.2 Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.3 The standing rigging shall not be adjusted.

6.4 The penalty for infringing instruction 6.1, 6.2, or 6.3 will be disqualification from all races sailed in contravention of those instructions.

6.5 Competitors shall report all damage or loss of equipment, however slight, to the PRO/ dock staff or to the Race Committee Finish Boat on the water.

7. The Course

7.1 Courses will be posted on the Official Notice Board in the gazebo and will be Windward/Leewards with 3, 4, 5 or 6 legs.

7.2 Before the warning signal for each race, the race committee will indicate the course for the next race by writing the appropriate course designation on a whiteboard on the side of the committee boat.

8. Marks

8.1 All marks will be white or orange spheres.

9. The Start

9.1 The starting sequence in ICSA PR 18(b)(i) will be used. The sound signals will be given by a horn or whistle.

9.2 The starting line will be between a staff on the Race Committee boat at the starboard end, and the Port-end starting mark.

9.3 In the case of an On Course Side, the Race Committee will follow ICSA PR 18(b)(ii).

10. Change of Course after the Start

10.1 A change of course after the start will be done in accordance with ICSA PR 18(c)(i).

11. The Finish

11.1 The finishing line will be between a staff on a Race Committee boat and the nearby mark to its port side.

12. Protests and Breakdowns

12.1 Protests shall be filed in accordance with the ICSA Procedural Rules.

12.2 Protests and breakdowns will be written. Standard ICSA forms are available from the host school. Completed forms are to be handed to one of the regatta chairmen when the protesting skipper has more than 30 minutes ashore between races.

12.3 Protests will be heard in approximately the order of receipt. The protesting parties and all witnesses should be prepared to have their hearings at any time after the protest has been filed and all parties are ashore.

13. Scoring

13.1 Scoring will be done as prescribed in ICSA PR 23 and 24.

14 Safety

14.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2 Starts will not be delayed to accommodate competitors who capsize after rotating into their boat for that race.

15. Support Boats and Coaching

15.1 Communication and contact between competitors and other individuals will be governed by ICSA PR 19.