

New England Coed Championship US Coast Guard Alumni Bowl



Bowdoin College
Brunswick, ME
April 27-28 2019



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the current Racing Rules of Sailing 2017-2020 (RRS), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2017-2020, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2. PR 32 shall be in effect.
- 1.3. Any questions regarding these Sailing Instructions should be submitted in writing to Chief Umpire John Moulthrop (john.moulthrop@yahoo.com).

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located on tech score.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday	1030	Report Time	Sunday	0930	Report Time
	1045	Competitors Meeting		1000	First Warning Signal
	ASAP	First Warning Signal		1500	No Starting Signal After
	1800	No Starting Signal After		ASAP	All-NEISA Award Ceremony

5. FORMAT

- 5.1. The event will be sailed in two divisions.
- 5.2. A single round robin of 18 races is scheduled. Competitors will switch boats after every two races.
- 5.3. A-Division will sail 420s on Saturday and FJs on Sunday.
- 5.4. B-Division will sail FJs on Saturday and 420s on Sunday.

6. BOATS & EQUIPMENT

- 6.1. Laser Performance FJs and Whitecap 420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to Frank Pizzo, Cori Radtke, or to the Race Committee Finish Boat on the water.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation, which will be available prior to the competitors' meeting.
- 7.2. All boat rotations will take place at the docks of the Bowdoin Coastal Studies Center.

8. MARKS

- 8.1. All rounding marks will be orange, white, or green marks.
- 8.2. The starting mark will be a white mark. The starting line will be between a staff displaying black Bowdoin Flag on the Race Committee Start Boat and the starting mark.
- 8.3. The finishing mark will be an orange mark. The finishing line will be between a staff displaying a white Bowdoin Flag on the Race Committee Finish Boat and the finishing buoy.

9. COURSE

- 9.1. Courses will be announced orally and taken from the course diagrams on the Official Notice Board.

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).

11. PROTESTS

- 11.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
- 11.2. Protests shall be filed with 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Official Notice Board. This changes PR 30.
- 11.3. Protests forms will be available coaches office in the Leighton Sailing Center.
- 11.4. The posting of the 'Protest Hearing Schedule' of a Request for Redress with the filing school's name, sail number, and race number, shall meet US Sailing prescription to rule 63.2. Requests to attend the hearing may be made orally to the Protest Committee when the hearing is called.

12. SAFETY

- 12.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 12.2. Starts will not be delayed to accommodate capsized boats.
- 12.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board prior to the race in which they will be required.

13. COACHING

- 13.1. PR 19 will apply.
- 13.2. Coach boats may be provided for no more than one coach per visiting team. Neither registered/competing sailors, nor reserves, may serve as on-the-water coaches.
- 13.3. Drones/U.A.V.s shall be prohibited in the racing area.

14. PRIZES

- 14.1. The winner of the regatta will have their college name and sailor names engraved on the US Coast Guard Alumni Bowl.
- 14.2. The top three colleges overall and top three in each division will receive keeper plaques.
- 14.3. The top nine colleges will advance to the Gill Coed National Championship Semi-Finals in Newport, RI.