



New York Maritime College
MAISA Spring Women's Dinghy Championships
April 20- 21, 2019



SAILING INSTRUCTIONS

1. Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020 (RRS) except as modified by the ICSA Procedural Rules, The MAISA Information Bulletin and these Sailing Instructions. PR 32 will be in effect, Immediate penalties for breaking RRS 42 shall be in effect for this regatta.

2. Notices to Competitors

Notices to competitors will be posted on the Official Notice Board in the East Bay of the sailing center.

3. Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1700 on the day before it will take effect.

4. Schedule of Races

Saturday, April 20	0915	Competitors Meeting
	0945	First Warning Signal
Sunday, April 21	0930	First Warning Signal
	1600	No Start After

5. Racing Area

The racing area is the East River, west of the Throgs Neck Bridge. Or little bay between Fort Totten and the Throgs Neck Bridge

6. Courses/Marks

- 6.1. Courses will be W3s and W4s with an offset and a leeward gate.
- 6.2. The course to be sailed will announced orally by the Race Committee.
- 6.3. The Race Committee may change the position of any mark, provided that no boat has started that leg of the course. There will be no visual or sound signal for such a change.
- 6.4. An "M" flag may be used to replace a mark.
- 6.5. Marks will be orange inflatable balls.

7. Boats/Breakdowns/Rotations

- 7.1. FJs and 420's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.
- 7.2. Requests for breakdown points shall be filed in the same manner as protests.

- 7.3. A schedule of boat rotations, as per ICSA Procedural Rule 22(b), Rotation of Boats, will be posted on the Official Notice Board.

8. Start/Finish Lines

- 8.1. Start/Finish lines will be between a staff displaying an orange flag on the Race Committee signal boat and a nearby mark or anchored boat with an orange flag.
- 8.2. The finish line will be to starboard of the motorboat between a mark and staff displaying the orange flag on a motorboat.
- 8.3. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

9. Starting System

ICSA PR 18 (b), 3-minutes starting signal will be used.

10. Individual Recalls

- 10.1. The Race Committee will attempt to notify individual boats by hailing their sail or bow numbers as per ICSA Procedural Rule 18(b)(ii).

11. Protests

- 11.1. Protest forms are available at the Notice Board in the Sailing Center.
- 11.2. Protests shall be filed within 30 minutes of reaching ashore after the race in which the incident occurred. This changes ICSA PR 30.
- 11.3. Protests may be heard during interruptions in racing or at the end of the race day as determined by the judges.

12. Safety

- 12.1. A boat that retires from a race shall notify the Race Committee as soon as possible.
- 12.2. Competitors shall wear a USCG approved PFD per ICSA PR 13(c)
- 12.3. The Race Committee may ask a boat to retire from a race at any time should their safety be in question.

13. Coaching

- 13.1. ICSA Procedural Rule 19 applies, and all coaches shall remain ashore. However, if racing is moved to Little Bay coach boats will be made available.
- 13.2. MAISA Rep will be the ODU Coach