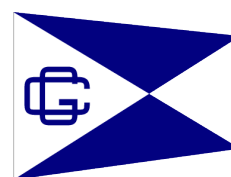


# Emily Wick Trophy



U.S. Coast Guard Academy  
New London, CT  
April 6-7, 2019



## SAILING INSTRUCTIONS

### 1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2017-2020), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition (2017-2020), and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

### 2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located in main classroom of Jacobs Rock.

### 3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

### 4. SCHEDULE OF EVENTS

Saturday	1100	First Warning Signal	Sunday	1000	First Warning Signal
	1800	No Starting Signal After		1500	No Starting Signal After

### 5. FORMAT

- 5.1. The event will be sailed in two divisions.  
5.2. A single round robin of 18 races is scheduled. Competitors will switch boats after every two races.  
5.3. A-Division will sail FJs on Saturday and Z420s on Sunday.  
5.4. B-Division will sail Z420s on Saturday and FJs on Sunday.

### 6. BOATS & EQUIPMENT

- 6.1. 2013 Laser Performance FJs and 2015 Laser Performance Z420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.  
6.2. The standing rigging shall not be adjusted.  
6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.  
6.4. Competitors shall report all damage or loss of equipment, however slight, to CGA staff on shore or to the Race Committee Pin/Finish Boat on the water.

### 7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation, which will be available prior to the competitors' meeting.

## **8. MARKS**

- 8.1. Rounding marks will be orange, unless:
  - 8.1.1. Prior to the first leg, a green flag is displayed along with the preparatory signal,  
OR
  - 8.1.2. Prior to subsequent legs, a green flag with repetitive sounds is displayed at the mark where the leg begins.
  - 8.1.3. If either 8.3.1 or 8.3.2 are true, the next rounding mark will be green.
- 8.2. The starting line will be between a staff displaying red flag on the Race Committee Start Boat and a staff displaying a red flag on the Race Committee Pin/Finish Boat.
- 8.3. The finishing mark will be a yellow ball. The finishing line will be between a staff displaying a red flag on the Race Committee Pin/Finish Boat and the finishing mark.

## **9. COURSE**

- 9.1. Course diagrams will be posted on the Notice Board.

## **10. STARTING SYSTEM**

- 10.1. Races will be started in accordance with PR 18(b)(i).
- 10.2. Recalls will be in accordance with PR 18(b)(ii) and PR 18(b)(iii).

## **11. PROTESTS**

- 11.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
- 11.2. Protests shall be filed within 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Official Notice Board. This changes PR 30.
- 11.3. Protests forms will be available in the Coaches Office on the 2<sup>nd</sup> floor of Jacobs Rock.

## **12. SAFETY**

- 12.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 12.2. Starts will not be delayed to accommodate capsized boats.
- 12.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board on the morning of each day of competition.

## **13. COACHING**

- 13.1. PR 19 will apply.
- 13.2. Coach boats may be provided.