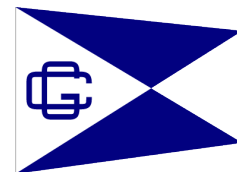


Emily Wick Trophy



U.S. Coast Guard Academy
New London, CT
April 6-7, 2019



INFORMATION FOR COACHES AND COMPETITORS

Welcome to the 2019 Emily Wick Trophy. Please read the following information, to supplement the already published Sailing Instructions. This is for your information only and will not take precedence over the previously mentioned official document.

Arrival/Parking

- All passengers travelling to the US Coast Guard Academy should have some form of legal ID to present to the guard at the front gate. They do not always ask for everyone's IDs. But if they do and you don't have it you will likely be turned around.
- The 15 mph speed limit is strictly enforced on campus.
- This will be a very busy weekend on campus with several sports having home events and two regattas taking place at Jacobs Rock. **Because of this, all competitors, coaches, and visitors must park on Eagle Drive - south of the Jacobs Rock causeway, or in the parking lot surrounding Pine Hall. Click here for a map of where you can and cannot park: <https://drive.google.com/open?id=1rAmJ4ZjHa0X9qi3IrxNEwLZDjNpxk6u0&usp=sharing>.**
- There will be no competitor's meeting. The first warning is scheduled for 11:00 on Saturday and 10:00 on Sunday.

Jacobs Rock

- The 'Team Room' will be reserved for the J-70 Invite this weekend. Emily Wick competitors and coaches are asked not to use that space to congregate or store gear.
- The bathrooms on the second floor of Jacobs Rock will be reserved for coaches and race officials only. Competitors are to use the locker rooms on the bottom floor.
- Competitors may not change under layers in public places. Use the locker rooms. This will be strictly enforced!

Racing

- The Sailing Instructions are posted online.
- In-set substitutions will be allowed but at the risk of missing the next warning signal. You must still land on the leeward side of the dock.
- Rotations will normally take place on shore, on the leeward side of the southern-most dock. In the case that a rotation takes place on the water, competitors will be given additional time to talk to their coach.
- It is our intention to continue racing both days with no on-shore lunch break. Competitors will likely be given a slightly extended break (10-15 minutes) after every four races when both divisions are on the water at the same time.

Boats

- Competitors are asked to take good care of our fleet:
 - Tie your sail bags down before beginning to rig.
 - Always land on the leeward side of the dock. If there isn't enough room, wait.
 - Do not step on the foredeck or jump into your boat.
 - Do not put your rudder on while the boat is on the dock.
 - Tie your boat to the cradle whenever it is on the dock.
 - Do not put either sail up until you are ready to go sailing.
 - Do not sail within 20 yards of Jacobs Rock.

Coaching

- Coach boats may be provided. Coaches must wear a USCG approved PFD at all times.
- The ICSA Rep will be Bill Healy from Yale.

Questions?

- Send questions to Brian Swingly - Brian.W.Swingly@uscga.edu.