



**Admiral Moore Team Race 2019**  
**New York Maritime College**  
**SAILING INSTRUCTIONS**

**1. Rules**

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020 (RRS) except as modified by the ICSA Procedural Rules, Appendix D and by the Sailing Instructions.

**2. Notices to Competitors**

Notices to competitors will be posted on the Official Notice Board in the 'East Bay' on the first floor of the Waterfront Building.

**3. Schedule of Races**

Saturday, March 23	0915	Competitors Meeting
	1000	Warning Signal
Sunday, March 24	1000	Warning Signal
	1500	No Start After

**4. Racing Area**

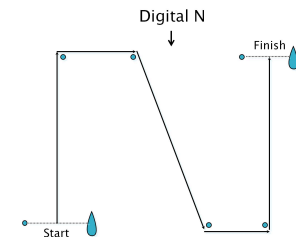
The racing area is on the East River, west of the Throgs Neck Bridge OR in Little Bay, immediately east of the Throgs Neck Bridge.

**5. Format**

- 6.1 We will attempt a triple round robin with all 8 teams, followed by a final 4.
- 6.2 If this plan is not feasible due to wind conditions and/or time constraints the regatta host and ICSA representative will determine the best future format, potentially including:
  - i. Double round robin, followed by a final four
  - ii. Single round robin, followed by a double final four
  - iii. Single round robin

**6. Courses/Marks**

- 6.1. The course will be a digital N, seen below.
- 6.2. The Race Committee may change the position of any mark, provided that no boat has started that leg of the course. There will be no visual or sound signal for such a change.
- 6.3. Marks will be orange inflatable balls. Under conditions of extreme current, a mark may be picked up and M flag will be displayed by a Race Committee auxiliary boat.



## **7. Boats/Breakdowns/Rotations**

- 7.1.1. Standing rigging may not be adjusted. Rule 4 of appendix K of RRS will apply except when changed below. (Boat provided by the organizing authority)
- 7.2. Requests for breakdown points shall be filed in the same manner as protests.
- 7.3. A copy of the rotation will be posted on the official notice board of techscore.

## **8. Start/Finish Lines**

Start/Finish lines will be between a staff displaying a start/finish flag on the Race Committee signal boat and a nearby mark or anchored pin boat with a staff.

## **9. Starting System**

ICSA PR 18 (b)iii, 3-minute starting signal.

## **10. Individual Recalls**

- 10.1. Individual recalls will be signaled by displaying Code Flag "X"
- 10.2. The Race Committee may attempt to notify individual boats by hailing their sail number as per ICSA Procedural Rule 18(b)(ii).

## **11. Protests**

- 13. 1. Protests may be initiated by competitors using RRS D2.2 as modified by ICSA PR 25 (no flag system)

## **12. Scoring**

Scoring will be in accordance with ICSA Procedural Rule 25.

## **13. Safety**

- 13.1. A boat that retires from a race shall notify the Race Committee as soon as possible.
- 13.2. The Race Committee may ask a boat to retire from a race at any time should their safety be in question or when finish position is determined and speed of rotations may be compromised.

## **14. Coaching**

- 14.1. ICSA Procedural Rule 19 applies.
- 14.2. Coaching will be permitted between races, provided that all coaches have equal access and that the rotation is not delayed. (This changes ICSA Procedural Rule 19.)

## **15. Record of Participation Forms**

Record of Participation Forms shall be filled out before the first race of the regatta and shall be kept up to date until the end of each day of competition.