



2018 Sperry College Sailing Women's National Championship

Old Dominion University, Norfolk, VA

May 22-25



Supporting Sponsorship from: *Marlow, official supplier of ICSA, LaserPerformance, and US Sailing*

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the current (2017-2020) Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, General Conditions for the ICSA Championships, Conditions for the Intercollegiate Women's National Championship, and the Notice of Race, except as modified by these Sailing Instructions. ICSA PR 32 shall be in effect. The decisions of the protest committee will be final per Rule 70.5 for the Semifinal Round.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the Notice Board on Techscore and the window on waterside of the Sailing Center.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

May 21	1800	Coaches' Meeting—ODU Sailing Center – Appetizer Reception
May 22	1000	First Warning for Women's Semifinals
May 23	1000 1700	First Warning No Start Signal After
May 24	1000	First Warning for Finals
May 25	1000 1700	First Warning for Finals No Start Signal After
	After Racing	Final Round Awards Presentation – ODU Sailing Center – Appetizer Reception

5. FORMAT

- 5.1. The format for the championship shall be as prescribed in the Conditions for the Intercollegiate Women's National Championship.
- 5.2. For the 1st round, the Eastern bracket will race May 22 in FJs (sponsor sails) and May 23 in z420s. The Western bracket will sail the fleets in the reverse order.
- 5.3. For the 2nd round the A division will start in the FJs (sponsor sails), B division will start in Z420s. The fleets will switch on the second day.

6. BOATS & EQUIPMENT

- 6.1. LaserPerformance Collegiate Dinghy FJs and z420s will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. Competitors shall report any damage or loss of equipment, however slight, to the boatswain immediately after arriving ashore or to the Race Committee on the water.





7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation.

8. THE COURSE

- 8.1. The courses will be announced orally and taken from the course diagrams on the Notice Board.
- 8.2. Rounding marks will be orange balls.

9. START/FINISH

- 9.1. Races will be started in accordance with PR 18(b)(i).
- 9.2. The start line will be between an orange staff on the Race Committee Boat, and an orange staff displaying an orange on the Pin-end Boat or a yellow ball.
- 9.3. Special Signals: Semifinal round- A pink flag on the signal boat will indicate an Eastern start; green will indicate a Western start. Finals – A pink flag on the signal boat will indicate an A division start, Green will indicate a B division.
- 9.4. The finish line will be between an orange staff on the Pin-end Boat and a nearby yellow mark.

10. PROTESTS

- 10.1. Protests shall be filed within 20 minutes of boats returning to shore after the race or set of races in which the incident occurred. This changes PR 30.
- 10.2. Protest forms will be available at the Race Office in the Sailing Center and shall be filed with the RC representative in the Race Office.
- 10.3. Video, data and/or photographs taken from any source shall not be used as evidence at protest hearings. This changes RRS 63.6.
- 10.4. RRS 66 – Reopening a Hearing is changed to add the following to the third sentence “on May 23 and May 25, the deadline for reopening a hearing is changed to thirty minutes after the decision has been announced.”
- 10.5. The posting of the ‘Protest Hearing Schedule’ of a Request for Redress is considered to meet US Sailing prescription to rule 63.2. Requests may be made orally to the Protest Committee when the hearing is called.

11. SAFETY

- 11.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

12. COACHING

- 12.1. PR 19 will apply.
- 12.2. Coaching shall be from an Organizing Authority (OA) provided coach boat, or from the shores of Old Dominion University.

13. RIGHTS TO USE NAME AND LIKENESS

- 13.1. By participating in this event, competitors automatically grant to the OA and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

14. CAMERAS AND ELECTRONIC EQUIPMENT

- 14.1. Boats may be required to carry cameras, sound equipment as specified by the OA.

15. Drones and U.A.V.s

U.A.V. / Drone operation is prohibited by anyone other than the Organizing Authority or media partners in the race area from 9:30 am through the end of racing each day.

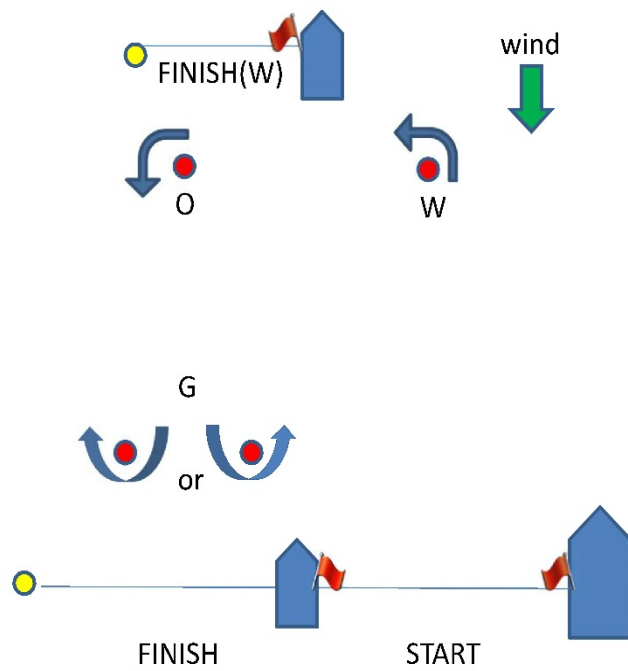




Course Descriptions



Windward / Leeward Courses



- W3: START – W – O – G – FINISH(W)
- W4: START – W – O – G – W – O – FINISH
- W5: START – W – O – G – W – O – G – FINISH(W)