



2018 LaserPerformance College Sailing Team Race National Championship

Old Dominion University, Norfolk, VA

May 26-28



Supporting Sponsorship from: *Marlow, official supplier of ICSA, and US Sailing*

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2017-2020), including Appendix D; the PRs (PR) and Class Rules for Intercollegiate Sailing Competition 2017-2020, the General Conditions for the National Collegiate Sailing Championships, and the Conditions for the ICSA National Team Race Championships; except as any of these are modified by these sailing instructions.
- 1.2. All races shall be umpired.
- 1.3. RRS D2.2(a) is changed to “She shall hail ‘Protest’ and conspicuously display a raised open hand at the first reasonable opportunity for each.”
- 1.4. PR 25 is changed to: RRS Appendix D shall be used for team racing regattas, deleting the red flag requirement in RRS 61.1(a). RRS D1.2(c) and D5.2 are changed by replacing the phrase “a red flag” with “a raised open hand.”
- 1.5. RRS D4.2b is deleted.
- 1.6. Any questions regarding these SIs should be submitted in writing to the ICSA Representative.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the Techscore Notice Board and at the ODU Sailing Center.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

May 25	1800	Coaches Meeting—ODU Sailing Center (Appetizer Reception Provide)
May 26	1000	First Warning
May 27	1000	First Warning
May 28	1000	First Warning
	1700	No Start Signal After
	After Racing	Awards Presentation (Appetizer Reception Provided)

5. FORMAT

- 5.1. The format for the regatta shall be a series of Round Robins as prescribed in the Conditions of the ICSA Team Race National Championship.



6. BOATS & EQUIPMENT

- 6.1. LaserPerformance Collegiate FJs and LaserPerformance Z420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to the boatswain immediately after arriving on shore or to the Race Committee Finish Boat on the water.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation.

8. MARKS

- 8.1. All rounding marks will be orange balls.
- 8.2. The starting line will be between a staff on the Race Committee Boat and a yellow ball.
- 8.3. The finishing line will be between a staff on the Race Committee Boat and a yellow ball.

9. COURSE

- 9.1. The Digital N.

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).
- 10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

11. RECALLS

- 11.1. Individual recalls will be signaled in accordance with PR 18(b)(ii).
- 11.2. A general recall will be used in accordance to PR 18(b)(iii), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(iii))

12. PROTESTS

- 12.1. Written protests, including requests for redress and breakdowns, shall be filed with the scorer within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.
- 12.2. Protest forms will be available at the Race Office and shall be filed with the RC representative at the Race Office.
- 12.3. Video, and/or photographs taken from any source shall not be presented by competitors as evidence at protest hearings. This changes RRS 63.6.
- 12.4. RRS 66 – The third sentence of RRS66 is changed to read "A party to the hearing may ask for a reopening of a hearing held during a round robin, no later than 30 minutes after the conclusion of the round robin."
- 12.5. The posting of the 'Protest Hearing Schedule' of a Request for Redress is considered to meet US Sailing prescription to rule 63.2. Requests may be made orally to the Protest Committee when the hearing is called.

13. BREAKDOWNS

- 13.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

14. SCORING

- 14.1. RRS D3 and D4 shall be used, as modified by PR 25.
- 14.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

15. SAFETY

- 15.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 15.2. Starts will not be delayed to accommodate capsized boats

16. COACHING

- 16.1. PR 19 will apply
- 16.2. Coaching shall be from an Organizing Authority (OA) provided coach boat, or from the Old Dominion University Sailing Center facilities.

17. RIGHTS TO USE NAME AND LIKENESS

- 17.1. By participating in this event, competitors automatically grant to the OA and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

18. CAMERAS AND ELECTRONIC EQUIPMENT

- 18.1. Boats may be required to carry cameras, sound equipment as specified by the OA.

