



**The GW Team Race  
March 5-6, 2016  
The George Washington University**

**1. Rules**

- 1.1 This regatta will be governed by the current Racing Rules of Sailing (2013---2016), including Appendix D; the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2013---2016, except as any of these are modified by these sailing instructions.
- 1.2 RRS D2.6 (Limited Umpiring), as modified by the Procedural Rules, will be used.

**2. Notices To Competitors**

- 2.1 Notices will be posted on the official regatta board located under the GW Sailing Team Tent.

**3. Changes In Sailing Instructions**

- 3.1 Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

**4. Schedule Of Events**

**Saturday:**

Report Time: 9:00am

Competitors Meeting: 9:15am

First Warning: No earlier than 9:45am

**Sunday:**

Report Time: 9:00am

First Warning: No earlier than 9:30am

No Starting Signal After: 3:00pm

**5. Format**

- 5.1 The format will be determined by the regatta chair depending on time and conditions. It is the intention of the race committee to run as many full round robins as time allows.

**6. Boats and Equipment**

- 6.1 z420's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1 or 6.2 will be determined by the Umpires.

**6.4** Competitors shall report all damage or loss of equipment, however slight, to the host team immediately after arriving on shore, or to the race committee finish boat on the water.

**6.5** Breakdowns will be decided using PR 20. Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins or rings.

**7. Rotation**

7.1 Boats will be rotated at the conclusion of each round robin, in accordance with the provided rotation sheet.

**8. Marks**

8.1 All rounding marks will be orange balls.

8.2 The starting line will be between a white ball and a staff on the RC boat.

8.3 The finish line will be between a white ball and a staff on the finish boat.

**9. Courses**

9.1 The Course will be a "Digital N"

**10. Starting System**

10.1 Races will be started in accordance with PR 18(b)(i)

10.2 The Race Committee may opt to use a rolling starting system where the warning signal for the subsequent race is the starting signal for the previous race.

**11. Protests**

11.1 Written protests including requests for redress and breakdowns, shall be filed with the scorer within 15 minutes of the last competitor's arrival to shore after the race or set of races in which the incident occurred.

11.2 Protest forms will be available from the desk at the GW Sailing Team Tent.

**12. Scoring**

12.1 RRS D3 and D4 shall be used, as modified by PR 25.

12.2 Breakdowns will be scored in accordance with RRS D5 as changed by PR20.

**13. Safety**

13.1 Drysuits or wetsuits are strongly encouraged.

**14. Coaching**

15.1 PR 19 will apply