



2026 Regis Trophy Fleet Race

Hosted by Boston University at the Harvard Sailing Pavilion
September 19, 2026

1 RULES

1.1 Regattas will be governed by the rules as defined in The Racing Rules of Sailing, The ICSA Procedural Rules, the Rules of the Collegiate Dinghy Class, the NEISA Rules and Regulations Manual, and these Sailing Instructions.

1.2 Any questions regarding these rules should be submitted in writing to PRO Carter Brock at cbrock@bu.edu

2 SPECTATING

2.1 Sailors and coaches will be the only people allowed in the building or on the docks. All spectators must watch from the sidewalk.

3 NOTICES TO COMPETITORS

3.1 Notices to competitors will be posted on TechScore.

4 CHANGES TO THE SAILING INSTRUCTIONS

4.1 Any changes to the sailing instructions will be announced orally and posted before the first race in which they take effect.

5 SCHEDULE

5.1 Saturday 9/19/25

Report Time: 1030

Competitors' Meeting: 1045

First Warning Signal: 1100

There will be a short lunch/bathroom break in each fleet, likely after race 4

No start after: 1800

Sunday 9/20/25

No racing

6 BOATS

6.1 The regatta will be sailed in Harvard's fleet of Zim FJs and LP Z420s. Standing rigging settings shall not be adjusted. A Division will start in 420s and B Division will start in FJs. The fleets will swap after race 4.

7 RACING AREA

7.1 All races will take place in the Lower Basin of the Charles River between the Mass Ave and Longfellow Bridges.

8 COURSES

8.1 The available courses are posted on techscore. They are W3, W4, or W5 with an offset mark and a gate separate from the start and finish lines.

8.2 The course will be announced by the Race Committee prior to the start of each race.

9 MARKS

9.1 All marks will be pink or yellow balls with black bands around them.

10 THE START

10.1 The starting line will be between a staff displaying a flag on the starting boat at the starboard end and the course side edge of the port end starting mark.

11 THE FINISH

11.1 The finish will be between two finishing marks or between a flag on the finishing boat and a finishing mark. On a Course W4 the finish will be the same as the starting line. On Course W3 and W5 the finish line will be between the windward mark and the offset mark.

12 PROTESTS

12.1 Protest forms will be made available. Protests shall be delivered to the Race Committee within the posted protest time limit. In the event no time limit is posted ICSA procedural rule 30 will apply.

13 COACHING

13.1 All coaching will take place at the Harvard docks. The Race Committee will not delay racing to allow for coaching except when waiting for scores before the final set, if time allows.