



SAILING INSTRUCTIONS

2026 Protest Trophy

10 October 2026

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing, the prescriptions of US Sailing, the Procedural Rules for Intercollegiate Sailing Competition, and by these Sailing Instructions.
- 1.2 The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty' (US Sailing Appendix V1).

2. NOTICES TO COMPETITORS

- 2.1 Notices will be posted on the official regatta notice board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any changes in the sailing instructions will be announced orally before the first race in which they take effect.

4. SCHEDULE OF EVENTS

- 09:30 Report Time
- 09:45 Competitors Meeting (all competitors should be rigged & dressed)
- 10:15 First Warning Signal
- 15:00 No Warning After

5. FORMAT

- 5.1 The regatta will be scored in 2 divisions.
- 5.2 10 races are scheduled.
- 5.3 A 20-minute lunch and bathroom break will occur at approximately 13:00 or when deemed appropriate by the principal race officer (PRO).

6. BOATS & EQUIPMENT

- 6.1 Competitors shall report all damage or loss of equipment to the Organizing Authority.
- 6.2 The Race Committee will not grant redress for knots becoming untied or the loss of pins or rings. The exception is a halyard knot at the top of the sail if

neither the competitor nor the competitor's team rigged the boat. This changes RRS 62.1(a).

6.3 Boats shall be sailed with the rigging and fittings as supplied. Replacement of broken or damaged gear may only be made with gear sanctioned by the Organizing Authority. Electrical tape may be used to help prevent gear from snagging.

6.4 Competitors shall not adjust standing rigging or change jib tension except by using the jib halyard after the race is completed and before the preparatory signal of the next race.

7. ROTATION

7.1 There will be no rotations. Competitors will remain in original boat throughout.

8. COURSES

8.1 Marks will be white, orange, and yellow buoys.

8.2 The start and finish line will be between a Bates Sailing burgee displayed by the Race Committee and the course side of the nearby mark.

8.3 The courses that may be used will be illustrated and identified on the official notice board before racing.

8.4 The Race Committee may change a leg of the course that begins at a rounding mark by changing the position of the next mark or the finishing line, but no mark shall be moved when any boat is on the leg that it terminates. Subsequent legs may be changed to maintain the course configuration. There will be no visual or audible signals for a course change. This changes RRS 33.

9. STARTS & FINISHES

9.1 Races will be the three-minute dinghy start sequence as prescribed by ICSA PR 18(b)(i).

9.2 The race committee will verbally hail boats that are on the course side of the start line at the start signal. Code Flag X will not be displayed. This changes ICSA PR 18(b)(ii).

9.3 After a general recall, RRS 30.1 (I Flag Rule) shall apply to subsequent starts of the corresponding race, and no signal need be given, as prescribed by ICSA PR 18(b)(iii).

9.4 If a boat is delaying the finish of a race, the Race Committee may end the race and score the boat in position.

10. PROTESTS

10.1 Protests shall be filed within 15 minutes after the last boat reaches the shore after the last race of the day. This changes ICSA PR 30.

10.2 All coaches are requested to participate in hearing protests as called upon by the host.

11. SAFETY

11.1 A boat, competitor, or support person shall give all possible help to any person or vessel in danger.

- 11.2 The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.
- 11.3 Inherently buoyant personal flotation devices (USCG/Transport Canada Level 70 or Type III PFDs) shall be worn by all student-athletes while on the water as prescribed by ICSA Dinghy Class Rule 7.3.1.
- 11.4 Competitors who require assistance should indicate so by waving their arms overhead.