



2026 Penobscot Bay Open

September 12-13

**New England Intercollegiate Sailing Association
Maine Maritime Academy**

SAILING INSTRUCTIONS

1. RULES

This regatta will be governed by the Racing Rules of Sailing, the US SAILING prescriptions, the Intercollegiate Sailing Association Official Rules for Intercollegiate Sailing Competition, Collegiate Dinghy Class Rules (CR), and NEISA Regulations. Except as any of these are altered by these Sailing Instructions

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the regatta whiteboard near the entrance of the garage bay.

3. BOATS

- 3.1 420's will be provided to all competitors.
- 3.2 All standing rigging will be preset before the regatta to make the boats as evenly matched as possible. Standing rigging shall not be adjusted or modified.
- 3.3 The tension of the top full batten may not be adjusted.
- 3.4 The penalty for not complying with 3.2 and 3.3 above will be disqualification from all races sailed in which the instruction was broken.

4. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1130 on the day it will take effect.

5. SCHEDULE OF RACES

Saturday 6 September	1200 Report time 1205 Competitors' meeting 1230 Launch departs 1300 Intended first start 1730 BBQ for all teams at the Waterfront
Sunday 7 September	0930 Report time 0940 Launch departs

- 5.1 No WARNING SIGNAL may be made after 1430 on Sunday.
- 5.2 Three races must be completed to constitute a regatta.

6. RACING AREA

The primary racing area will be in Smith Cove. Competitors must avoid the restricted areas of the cove described at the competitors' meeting.

7. THE COURSE

Courses will be presented at the skippers' meeting. The windward mark will have an offset mark, and there will be a gate for the leeward marks. The Signal Boat will announce any changes to the course prior to the starting sequence.

8. MARKS

The windward mark, offset, and gate will be red balls. The pin will be a yellow cylinder.

9. THE START

- 9.1 Races will be started using RRS Appendix S – Sound-Signal Starting System (US SAILING Prescription) as changed in PR 18(b)(ii). The sound signal will be a whistle or horn. The Race Committee may fly a black flag invoking RRS 30.3 except the committee will hail sail numbers in lieu of posting sail numbers.
- 9.2 The starting and finishing line will be between a yellow flag on the committee boat, and a yellow cylinder at the pin end.

10. RECALLS

- 10.1 ICSA rule 18(b)(ii) shall apply. The Race committee will attempt to notify OCS boats by loud hailer.
- 10.2 The "Round The Ends Rule" shall apply after a general recall in accordance with ICSA rule 18(b)(iii). Code flat "I" may or may not be displayed. This changes RRS 30.1.
- 10.3 Each boat's recall number will be her mainsail number.

11. THE FINISH

The finish line will be the same as the starting line.

12. PROTESTS

- 12.1 Protests shall be written on forms available on the rotation float and delivered to the RC no later than 30 minutes after the last launch reaches the dock.
- 12.2 Protests, including the sail number being protested, must be reported to the Race Committee immediately after finishing the race in question.
- 12.3 The jury will hear protests in the approximate order of receipt, beginning as soon as possible after protest has been received.

14. BOAT ASSIGNMENTS AND ROTATION – Tech Score and posted on Regatta Notice Board