The Peak Foliage
University of New Hampshire

October 17, 2026

SAILING INSTRUCTIONS

1. RULES

1.1. This regatta shall be governed by the Racing Rules of Sailing 2025-2028 (RRS), the 2026 Procedural Rules (PR), Class Rules for Intercollegiate Sailing Competition, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

1.2. The two-turn penalty RRS 44 is replaced with a one-turn penalty while on the course and a two-turn penalty while in the zone.

1.3. Any questions regarding these Sailing Instructions should be submitted in writing yo the Tegatta Chair.

2. NOTICES TO COMPETITORS

2.1. Notices will be posted on the official regatta notice board on TechScore.

3. CHANGES IN SAILING INSTRUCTIONS

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE OF EVENT

Saturday	1100	Report Time	
	1115	Competitors Meeting	Coaches Meeting after the competitors meeting
	ASAP	First Warning Signal	
	1800	No starting signal after	

5. FORMAT

5.1. The event will be sailed in two divisions.

5.2. A single round robin of 10 races is scheduled. Competitors will rotate boats after every two races

5.3. All competitors are strongly encouraged to bail their boats and fully ease the boom vang before reaching the rotation dock.

5.4. Teams should make an effort to rotate quickly and walk away to reduce congestion.

6. BOATS & EQUIPMENT

6.1. Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2. The standing rigging nor compression batten shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water.

6.5 Please make certain to remove the centreboard bungee before lifting the boat out of the water at the end of use.

6.6. At the end of the day, please lift your boat out of the water, secure the bowline loop to the jib halyard, and pull on tension.

7. ROTATION

7.1 The rotation of boats will be in accordance with the online rotation.

8. COURSES and MARKS

8.1. All rounding marks will be yellow and orange buoys.
8.2. The starting mark will be the farther away buoy on the port side of the Race Committee boat.
8.3. Any Mark of the course may be moved in accordance with PR 18 (c)(i).

9. STARTING and FINISHING

9.1. Races will be started in accordance with PR 18(b) and PR Appendix C.
9.2. The starting and finishing line will be between a staff displaying the Alpha (blue and white) flag on the Race Committee Start Boat and the course side of the yellow ball to port.
9.3. If a boat is delaying the finish of a race, the Race Committee may end the race and score the boat in its current position.

10. Recalls

10.1. Individual Recalls will be signaled in accordance with PR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.
10.2. The "I" Flag may be displayed at any time, meaning the 1-minute rule is in effect.
10.3. Multiple horns/whistles and the hail of the words "General Recall" will signal a General Recall. The "first substitute" flag may be displayed to help with general recalls.

11. COURSE and COURSE CHANGES

11.1 Courses will be announced orally and taken from the course diagram on the Official Notice Board.
11.2 Any course mark may be moved per PR 18 (c)(i).

12. STARTING SYSTEM

12.1. Races will be started in accordance with PR 18(b)(i).

13. PROTESTS

13.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
13.2. Protests shall be filed within 30 minutes of securing boats to the dock after the race oe set of races in which the incident occurred. This changes PR 30.
13.3. Protest forms will be available from the small table with the whiteboard and model boats in the boathouse. They should be submitted to a UNH sailor on shore.
13.4. Video, data and/or photographs taken from any source may be presented as evidence at protest hearings.
13.5. Hearings will be convened as soon as practical. Hearings shall be held either by the whiteboard on the table or outside and may be open to all for (silent) observation. Hearings will be held by coaches present.

14. SAFETY

14.1. Competitors who require assistance should signify by waving their arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.
14.2. Starts will not be delayed to accommodate capsized boats.

14.3 At the discretion of the Regatta Chairperson, drysuits or wetsuits may be required. Notice will be given orally and on the Official Notice Board on the morning of the day of competition. Given the predicted weather on Saturday, drysuits and/or wetsuits should be strongly considered.

15. FACILITIES

15.1. The UNH Sailing Centre does not have electricity or running water. Competitors and coaches should plan to bring their own.

15.2. There is a changing room for all competitors at the back left of the boathouse. Please make every effort to change in your vehicles.

15.3. A Porta Potti is on the left of the road, heading out of the parking lot.

15.4. Please make every effort to carpool and ***consolidate the parking,*** as space is tight.

16. COACHING

16.1. PR 19 will apply. Bring your PFD's coaches. Coaches will be on the water. Radios will be provided. You may bring your own. Channel 68.

16.2. Drones are not allowed in the vicinity of the regatta.

16.3. The ICSA/NEISA rep will be announced at the Competitors Meeting to provide helpful feedback to the host from the sailors or coaches.

Sail with Honour