

**Palm Beach Trophy
Palm Beach Atlantic University
Palm Beach Sailing Club
October 17, 2026**

SAILING INSTRUCTIONS

1. RULES

1.1.This regatta will be governed by the current Racing Rules of Sailing 2021-2024 (RRS), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the SAISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

1.2.RRS Appendix P will be in effect, as modified by PR 32.

1.3.Any questions regarding these Sailing Instructions should be submitted in writing to sailing@pbsail.org and will be passed on to the PRO/jury.

2. NOTICES TO COMPETITORS

2.1.Notices will be posted on the official regatta notice board/whiteboard, located on the deck at the sailing club.

3. CHANGES IN SAILING INSTRUCTIONS

3.1.Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

4.1.Saturday 9/7/2024

900	Report Time
930	Competitors' Meeting
ASAP	First Warning Signal
1600	No Warning Signal After

5. FORMAT

5.1.The event will be sailed in two divisions.

5.2.A single round robin of 12 races is scheduled. Competitors will switch boats after every three races.

6. BOATS AND EQUIPMENT

6.1.(12) FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

6.2.The standing rigging shall not be adjusted.

6.3.The penalty for infringing instruction 6.1, or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4.Competitors shall report all damage or loss of equipment, however slight, to the PRO/PBA team member on shore or to the Race Committee Finish Boat on the water.

7. ROTATION

7.1.The rotation of boats will be in accordance with the online rotation, which is available on Tech Score.

8. MARKS

8.1.All marks will be inflatable balls/cylinders. The marks will be described at the Competitor's Meeting.

8.2.The starting mark will be an orange ball. The starting line will be between an

orange flag on the Race Committee start boat and the starting mark.

8.3. The finishing line will be between an orange flag on the Race Committee boat and the finishing mark (same as the starting line).

8.4. For upwind finishes on courses W3 and W5, the finishing line will be between the windward mark and a flag on the Finish boat.

9. COURSE

9.1. Courses will be posted on the Official Notice Board and will be Windward/Leeward, with 3, 4, or 5 legs.

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

11. RECALLS

11.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii). 11.2.

A general recall will be used in accordance with PR 18(b)(iii). No visual signal will be required. After a general recall, the Round-an-End Rule, RRS 30.1, shall apply and no signal need be given. (Changes RRS 30.1)

12. PROTESTS

12.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

12.2. Protests shall be filed within 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Official Notice Board. This changes PR 30.

12.3. Protests forms will be available near the official notice board.

13. SAFETY

13.1. Competitors who require assistance from rescue boats should signify by waving arms overhead.

13.2. A competitor who retires from a race shall notify the Race Committee as soon as possible.

13.3. Starts will not be delayed to accommodate capsized boats.

13.4. Shoes must be worn at all times at the Sailing Center, especially while launching and returning. Lifejackets required to be worn at all times.



Race Signals

www.ussailing.org

Postponement Signals



AP Races not started are postponed. The warning signal will be made 1 minute after removal unless at that time the race is postponed again or abandoned.



AP over H Races not started are postponed. Further signals ashore.



AP over A Races not started are postponed. No more racing today.

AP over a numeral pennant 1–9 Postponement of 1–9 hours from the scheduled starting time.



1



2



3



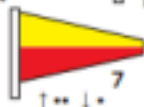
4



5



6



7



8



9

Abandonment Signals



N All races that have started are abandoned. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is abandoned again or postponed.



N over H All races are abandoned. Further signals ashore.



N over A All races are abandoned. No more racing today.



Safety Monitor communication channel for safety instructions. (see rule 37)

Preparatory Signals



P Preparatory signal.



I Rule 30.1 is in effect.



Z Rule 30.2 is in effect.



U Rule 30.3 is in effect.



Black flag. Rule 30.4 is in effect.

Recall Signals



X Individual recall.



First Substitute General recall. The warning signal will be made 1 minute after removal.

Shortened Course



S The course has been shortened. Rule 32.2 is in effect.

Course Change Signals



C The position of the next mark has been changed.



to starboard;



to port;



to decrease the length of the leg;



to increase the length of the leg.

Other Signals



L Ashore: A notice to competitors has been posted.

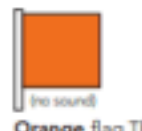
Afloat: Come within hail or follow this vessel.



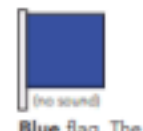
M The object displaying this signal replaces a missing mark.



Y Wear a personal flotation device. (see rule 40).



Orange flag. The staff displaying this flag is one end of the starting line.



Blue flag. The staff displaying this flag is one end of the finishing line.

The meanings of visual and sound signals for 2021–2024 are stated above. An arrow pointing up or down (↑ ↓) means that a visual signal is displayed or removed. A dot (•) means a sound; five short dashes (-----) mean repetitive sounds; a long dash (—) means a long sound. When a visual signal is displayed over a class flag, fleet flag, event flag or race area flag, the signal applies only to that class, fleet, event or race area.

© 2021 US Sailing