

2026 NEISA Women's Singlehanded Championship

Host Team: Boston College

Savin Hill Yacht Club Dorchester, MA

Sept 18-19, 2026

SAILING INSTRUCTIONS

1 RULES

1.1 The regatta will be governed by the rules as defined in the current Racing Rules of Sailing, the NEISA Regulations, the Procedural Rules of the Intercollegiate Sailing Association, and the College Dinghy Class Rules, except as any of these are modified by the Sailing Instructions.

1.2 Procedural Rule 32 shall be in effect.

1.3 In the event of a conflict between the Notice of Race and the Sailing Instructions, the latter shall take precedence.

1.4 Although boats are not supplied by the OA, breakdowns shall be handled by PR 23 (changes RRS 62.1).

1.5 Class Legal ILCA 6 hull, sail, and equipment are required for the NEISA Women's Championship.

1.6 Compasses that comply with ILCA class rules are permitted.

2 NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the WhatsApp electronic message board.

3 CHANGES TO THE SAILING INSTRUCTIONS

3.1 Any changes to the Sailing Instructions will be posted 20 minutes prior to the race it will affect. Any schedule change will be posted by 1900 on the day before it takes effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be announced verbally by the race committee.

5 SCHEDULE AND NUMBER OF RACES

5.1 Friday Sept 18

1400 Report Time @ the Savin Hill Yacht Club

1430 Coaches Meeting

1500 Harbor start beginning with ILCA 6 Fleet

1530 First Warning

1630 No Starting Signal after this time

5.2 Saturday, Sept 19

0930 Report Time

0935 Coaches Meeting

1015 First Warning (fleet TBD)

1800 No Starting Signal after this time

5.2 12 races are scheduled. A maximum of 8 races will be sailed per day.

6 CLASS FLAGS & ORDER OF STARTS

6.1 The class to start will be announced verbally from the race committee signal boats. There will be no class flags.

7 RACING AREA

7.1 The racing area will be the waters of Boston Harbor.

8 MARKS

8.1 Marks 1&2 will be orange balls with black stripes. Marks 3s and 3p (gate marks) will be orange balls (no stripe).

8.2 The starting mark will be an orange ball with a black stripe.

8.3 The finish mark will be a white ball with a black stripe near the bow of the race committee boat.

9 COURSES

9.1 Course layout will be as diagramed in Attachment A.

10 THE START

10.1 Races will be started in accordance with ICSA Procedural Rule 18 (b)

10.2 The starting line will be between an orange staff on the RC signal boat at the starboard end and the port end starting mark.

11 THE FINISH

11.1 On course W4, the finish will be between an orange staff on the RC signal boat and the nearby white ball with black stripe upwind of the finish boat.

12 PENALTY SYSTEM

12.1 A boat that does not take a penalty signaled by an umpire shall be penalized again until she completes her penalty. If it becomes clear that the boat will not take a penalty she may be protested by the umpire who initially penalized her as specified in rule 60.3(a). This changes rule 64.1 and Appendix P2.

13 PROTESTS

13.1 Protest forms will be available at the Regatta Headquarters.

13.2 A protest by a boat, or by the Race Committee or Protest Committee about an incident observed in the racing area, shall be delivered to the Regatta Headquarters no later than 30 minutes after the last boat reaches the shore after the last race of the day.

13.3 Protests hearings will be heard in the approximate order they are received as soon as possible following the end of racing.

14 SAFETY

14.1 A boat that retires from a race shall notify race officials (RC, judges, safety boats) as soon as possible.

15 COACHING

15.1 Coach boats may be provided.