



INTERCOLLEGIATE OFFSHORE REGATTA

NOTICE OF RACE

Incorporation Amendment #1 Dated October 5, 2026

**Organized by The Storm Trysail Club, hosted by the Larchmont Yacht Club
with support provided by the Storm Trysail Foundation**

October 9, 10, & 11, 2026

Larchmont Yacht Club, Larchmont, NY

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (2025-2028).
- 1.2. ICSA Procedural Rules for Intercollegiate Sailing Competition, effective Fall 2025 (PR), except as any of these are changed by this Notice of Race (NoR).
- 1.3. The following ICSA Procedural Rules for Intercollegiate Sailing Competition – Effective Fall 2025 shall not apply and the appropriate RRS will be used for this event.
 - 1.3.1. PR 13 c) Personal Flotation Devices is modified to also allow USCG approved, inflatable, PFDs that provide at least 33.7lbs of buoyancy and is intended to be worn over the shoulders (no belt packs).
 - 1.3.2. PR 13 e) is modified to allow a team uniform to be worn under a PFD.
 - 1.3.3. PR 18 b) i) Starting Systems is replaced with RRS 26,
 - 1.3.4. PR 18 b) ii) Individual Recall is replaced with RRS 29.1,
 - 1.3.5. PR 18 b) iii) General Recall is replaced with RRS 29.2 and RRS 30,
 - 1.3.6. PR 18 c) i) Changing the Course after the Start is replaced with RRS 33,
 - 1.3.7. PR 18 d) Time Limits is replaced with RRS 35,
 - 1.3.8. PR 23 Breakdowns and PR Appendix D Guidelines for Breakdowns,
 - 1.3.9. PR 21 Conduct of Regattas – Fleet Racing,
 - 1.3.10. PR 22 Scoring Regattas is replaced with RRS Appendix A.
 - 1.3.11. PR 29 a) Notification is replaced with RRS 60.2,
 - 1.3.12. PR 31 Alternate Penalties is replaced with Item 10 of this NoR.
- 1.4. In addition to other rules changed in this document, the following rules are changed:
 - 1.4.1. RRS 60.4 (a) adds, “(4) if the protest is by a boat and is based on a rule with the notation [NP].”

- 1.4.2. RRS 60.4(a)(2) is changed as follows: “ if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or”
- 1.4.3. RRS 61.3 adds, “or is a request by a boat and is based on a rule with the notation [NP].”
- 1.4.4. RRS 60.5(c) adds, “(5) the protest is based on a rule with the notation [DP] and the protest committee decides the penalty shall be more or less than a single Disqualification.”
- 1.4.5. Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or...
- 1.5. The US Sailing prescriptions to rule 63.1(b) and the Preamble to Part 5, Section B shall not apply.
- 1.6. For PHRF Classes, ratings and rules will be PHRF windward/leeward fully crewed as administered by the YRA of LIS, and as may be assigned or modified by the OA pursuant to NoR 11.5 and 11.6.
- 1.7. For ORC Classes, the current IMS Rule (measurement) and ORC Rating Systems (ratings) rules and regulations. These requirements are available at www.orc.org/rules.
- 1.8. [DP] Drones shall not be flown in the racing area except with prior written authorization by the OA.
- 1.9. For boats with asymmetric spinnakers, bowsprits shall only be extended in anticipation of setting the spinnaker and shall be retracted as soon as possible after the spinnaker takedown.
- 1.10. An owner’s representative is defined as the person who owns the boat or the boat owner’s representative. The Owner’s Representative is the Person in Charge and is responsible for safety of the boat and crew. The safety officer is a person designated by the owner’s representatives to assist the team with how to properly sail the boat. A safety officer is typically a regular crew member of the boat or may be assigned by the OA. A boat must have an owner’s representative, and it may optionally also have a safety officer, or both assigned to the boat.
 - 1.10.1. [NP] The final decision for a boat to have only an owner’s representative or additionally a safety officer, shall be made by the owner’s representative.
 - 1.10.2. [NP] A coach from the participating school shall not serve as the safety officer except as approved by the Race Committee in limited circumstances.

2. EVENT FORMAT

- 2.1. IOR will be sailed in one-design or handicap offshore boats. Boats will generally be 30 – 45 feet in length.
- 2.2. Per ICSA PR 14 a), the number of crew for a 30 – 45-foot boat shall be between 5 – 9. The owner’s representative and safety officer shall not count as crew in the 5 – 9.

3. SAFETY REGULATIONS

- 3.1. In the event of sustained winds over 15 knots or gusts over 20 knots the Race Committee shall, at its discretion, inform the fleet that no spinnakers will be used, over the assigned circle VHF channel and by flying code flag "K" from the main flagpole at Larchmont Yacht Club and/or the signal boat. If flown from the flagpole at Larchmont Yacht Club, it will also be displayed by the signal boat(s) before they leave the dock. No boat shall set a spinnaker while Flag K is displayed, even while she is not racing. This adds to Race Signals.
- 3.2. Boats shall be equipped to safely sail in the offshore waters of Western Long Island Sound South of Larchmont Yacht Club.

4. SAILING INSTRUCTIONS

- 4.1. The Sailing Instructions will be available on or before 1800 on Thursday, October 8, 2026 on the official notice board

5. COMMUNICATIONS

- 5.1. All boats shall carry a VHF radio capable of communicating on US Marine Frequencies.
- 5.2. On the water, the race committee may make courtesy broadcasts to competitors on VHF radio. The channel will be stated in the SIs.
- 5.3. Notices to competitors will be posted on the Official Notice Board on [Yacht Scoring](#).

6. ELIGIBILITY AND ENTRY

- 6.1. Entry will be by invitation. Invitations shall be requested by May 15th, 2026 online at <https://stormtrysail.org/regattas/iors/2026-interest/>. The email address included in the Invitation should be one checked regularly throughout the year. Due to high interest, invitations must be accepted in a timely manner. The date of acceptance, or assumed decline, will be in the Invitation when issued.
- 6.2. This regatta is for the benefit of the intercollegiate sailors. The owner's representatives and safety officers as defined in NOR 1.10, shall limit their duties and advice to issues of safety and equipment use. The role of the safety officer is first and foremost to ensure the safety of the sailors, and second to ensure the safety of the equipment. The Owner's Representative and Safety Officer shall assist with instruction on the safe operation of the vessel and shall at all times be ready and able to take command if necessary for safety. They shall not aid in tactical or strategic decision-making or boat handling except as is necessary for safety. Owner's representatives and safety officers shall not participate in any capacity in a hearing except as a witness or with the approval of the Race Committee.
- 6.3. All team members including coaches and the Owners' Representative and Safety Officer must sign a Waiver of Liability.
- 6.4. As a condition of entry, crews shall be required to participate in a practice session on Friday, October 9, 2026 aboard their assigned boat, unless provided in advance with an exemption by the Race Committee.
- 6.5. No crew substitutions are allowed unless approved by the OA by emailing no later than 0800 of the day of racing to matt@stormtrysail.org or in the case of an emergency due to injury to a crew member. This modifies ICSA PR 14b.

7. ENTRY FEES & HOUSING

- 7.1. There are no entry fees.
- 7.2. [NP] There is no housing guaranteed with this event. Please plan to arrange your own accommodations; the OA will endeavor to place as many teams as possible with local hosts generally prioritizing teams traveling the farthest; however, we cannot guarantee availability. All housing offers extended will be at the discretion of the OA.
- 7.3. Competitors are NOT allowed to stay on boats volunteered for this event.

8. SCHEDULE

Friday, October 9	Saturday, October 10	Sunday, October 11
Optional Practice	0700: Late Check-in	0930: Scheduled First Warning
1700: Registration opens	0800: Skippers' Meeting	1400: No Warning after this time
1830: Registration closes	0830: Group Photo	
	1000: Scheduled First Warning	

9. RACING AREA AND COURSES

- 9.1. Racing will take place in the open waters of Western Long Island Sound in the vicinity of the Larchmont Yacht Club.
- 9.2. Course options will be provided with the Sailing Instructions.

10. PENALTY SYSTEM

- 10.1. The Scoring Penalty (Rule 44.3) will apply.
- 10.2. Appendix V, Alternative Penalties, Rule V2 will apply.

11. SCORING

- 11.1. Each boat's regatta score will be the total of her race scores. No race scores will be excluded. This modifies RRS A2.1.
- 11.2. Boats failing to finish within the time limit will be scored TLE. TLE will be equal to the number of boats that finished within the time limit plus two, but in no case will a boat be scored worse than DNF. The specific finish window or time will be defined in the SIs. This modifies RRS A5.2 and adds to RRS A10.
- 11.3. RRS 90.3(e) shall apply, except that "24 hours" is replaced with "72 hours."
- 11.4. The overall event winner will be determined by the lowest winning values of the class winners. Lowest winning values are calculated by dividing a boat's low point score by the number of boats in the class multiplied by the number of races sailed by the class. In the case where two boats have the same low point percentage value, the tie will be awarded based on a comparison of individual race results in accordance with RRS A8.
- 11.5. PHRF classes will be scored time-on-time using the YRALIS W/L with Spinnaker rating. In the event of flag K displayed per NOR 3.1, classes will be scored using the YRALIS Non-Spinnaker W/L rating.
- 11.6. [NP] The RC reserves the right to assign a PHRF rating to any vessel that does not have a YRALIS rating certificate or is sailing with a sail configuration that differs from that existing certificate.
- 11.7. One race will constitute the regatta. In the event that only one race is completed, the overall trophy will not be awarded.

12. INSURANCE

- 12.1. Each participating boat shall be insured with a valid third-party liability insurance with a minimum cover of \$300,000.00 per incident of equivalent

13. DISCLAIMER OF LIABILITY

- 13.1. RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." By participating in this event each competitor agrees to acknowledge that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent to the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.
- 13.2. The race organizers (Organizing Authority, Race Committee, Protest Committee, sponsors, or any other organization or official or individuals associated with any of the foregoing - collectively referred to as 'race organizers') will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. By participating in this race, each competitor agrees that they hereby release the race organizers from any and all liability associated with such competitor's participation in this regatta to the fullest extent permitted by law. This release shall be on behalf of themselves, their families, heirs, legatees and estate.

14. PRIZES

- 14.1. First, second and third place prizes will be awarded in each class and for the regatta.
- 14.2. This regatta is a qualifier for the Callisto Cup.
- 14.3. The overall regatta winner will be awarded the Paul Hoffmann Trophy.
- 14.4. The overall regatta runner up will be awarded the Puff Trophy.
- 14.5. The owner of the boat winning the Paul Hoffmann Trophy will be awarded the Edward du Moulin Trophy.
- 14.6. The individual or team who, in the opinion of the event organizers, have done a significant amount to enhance or further the ideals of the IOR through dedication, sportsmanship, or generosity will be awarded the Commodore James D. Bishop Trophy.
- 14.7. The winning team of Class I will be presented the Thomas Carroll Trophy.
- 14.8. The winning team of Class II will be presented the George C. Crocker Memorial Trophy.
- 14.9. The winning team of Class III will be presented the James C. Jacobson Memorial Trophy.
- 14.10. The winning team of Class IV will be presented the Edward S. Moore III Memorial Trophy.
- 14.11. The winning team of Class V will be presented the Foster Tallman Memorial Trophy.
- 14.12. The winning team of Class VI will be presented the Class VI Trophy.

15. ADDITIONAL INFORMATION

- 15.1. <https://stormtrysail.org/regattas/iors/larchmont/>
- 15.2. Regatta Chairs: Ann Myer & Emmett Dickheiser li_IOR@stormtrysail.org