



## Women's Atlantic Coast Championships Round 1A

Sept 27-28, 2025

St. Mary's College of Maryland

# SAILING INSTRUCTIONS

### 1. RULES

The regatta will be governed by the Racing Rules of Sailing (RRS) 2025-2028, the prescriptions of US SAILING, the Procedural and Class Rules for Intercollegiate Sailing Competition (effective Fall 2024) (PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).

### 2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the rolling white board on the lower deck of the River Center and electronically on the Tech Score notice board as soon as possible thereafter.

### 3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted as soon as practicable.

### 4. SCHEDULE OF EVENTS

#### **Saturday, September 27**

0900 Report Time  
0910 Competitors' Meeting  
0945 First Warning

#### **Sunday, September 28**

0900 Report Time  
0930 First Warning  
1500 No starting signal after

### 5. FORMAT

- 5.1. A division will sail in FJ's Sat and 420's Sun. B division will sail in 420's Saturday and FJ's Sunday

### 6. BOATS & EQUIPMENT

- 6.1. Collegiate Dinghy 420's and FJ's will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. Competitors shall report any damage or loss of equipment, however slight, to a member of the Race Committee on the water or immediately after arriving ashore.

### 7. ROTATION

- 7.1. The rotation of boats will be posted in Techscore.

### 8. THE COURSE

- 8.1. The courses will be announced orally and taken from the course diagrams on the official regatta notice board.
- 8.2. Rounding marks will be red marks.

### 9. START/FINISH

- 9.1. Races will be started in accordance with PCR 18(b)(i).
- 9.2. The start line will be between an orange staff on the Race Committee Start Boat and an orange staff on the Pin-end Boat or a green mark in the event a pin-end boat is not on station.

- 9.3. The finish line will be between an orange staff on the Race Committee Finish Boat and a green mark on downwind finishes (W-4); or a yellow mark on upwind finishes (W3 & W5) .

**10. PROTESTS**

- 10.1. Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PR 29(b) is changed to "Race Committee Finish Boat."
- 10.2. Written protests, including requests for redress and breakdowns, shall be filed with the organizing authority within 30 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred (Modifies PR 30).

**11. SAFETY**

- 11.1. Competitors who require assistance from rescue boats should signify so by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

**12. COACHING**

- 12.1. PCR 19 will apply.
- 12.2. The piers and floating docks shall be considered "Field of Play" areas which are restricted to team members including any team staff, coaches, facility staff, race officials, and regatta organizers.