



Women's Atlantic Coast Championship Finals
Hosted by the Massachusetts Institute of Technology

October 11-12, 2025

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the current Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, and the Notice of Race, except as modified by these Sailing Instructions.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the Notice Board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, October 11

9:30-Facility doors unlocked.

10:30-Report time.

10:45-Competitors' Meeting.

11:00-First warning.

No race shall start after 6pm.

Sunday, October 12

8:45-Facility doors unlocked.

9:30 Report time.

9:50-First warning.

No race shall start after 3 pm.

5. FORMAT

- 5.1. 14 races are scheduled per division.
- 5.2. A division will start in the Zim 420's's, B division will start in Zim FJ's. The divisions will switch fleets after 6 races.

6. BOATS & EQUIPMENT

- 6.1. FJ's and Z420's will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1 and competitors may not add knots to add purchase to cunningham, vang or outhaul systems. Zim Platinum cut sails will be used for both fleets.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. Competitors shall report any damage or loss of equipment, however slight, to the boatswain immediately after arriving ashore or to the Race Committee on the water.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation.

8. THE COURSE

- 8.1. The courses will be announced orally and taken from the course diagrams on the Notice Board.
- 8.2. Rounding Marks will be Orange, green or yellow balls as indicated by course diagram.
- 8.3. Courses will be inner or outer Trapezoids as specified by the course diagrams.

9. START/FINISH

- 9.1. Races will be started in accordance with PR 18(b)(i).
- 9.2. The start line will be between a staff with an orange flag on the Race Committee Boat and the course side of a colored ball at the port end of the line.
- 9.3. The finish line will be between an orange flag on the finish boat and a nearby mark as specified by course diagrams.

10. PROTESTS

- 10.1. Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PR 29(b) is changed to "Race Committee Finish Boat."
- 10.2. Protests and requests for redress shall be filed within 20 minutes of boats returning to the shore for a break in racing after the race or set of races in which the incident occurred. This changes PR 30.
- 10.3. Protest forms will be available at the office area or front desk shall be filed with the RC Jury representative or ICSA rep that is present.
- 10.4. The posting of the 'Protest Hearing Schedule' of a Request for Redress is considered to meet US Sailing prescription to rule 63.2. Requests may be made orally to the Protest Committee when the hearing is called.
- 10.5. Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or . . ."

11. SAFETY

- 11.1. Competitors who require assistance from rescue boats should signify so by waving their arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

12. COACHING AND COMPETITORS

- 12.1. PR 19 will apply.
- 12.2. Coaching shall be from shore.

13. RULE 42 ENFORCEMENT

- 13.1. PR 32 shall be in effect.

14. FACILITY ACCESS AND FIELD OF PLAY

- 14.1. Spectators are welcome at the MIT Sailing Pavilion.
- 14.2. Each team will be assigned to a 10'x10' on the roof deck for gear storage. Areas are not marked on the floor but teams are asked to be respectful of their footprint to accommodate their neighbors. Teams are not allowed to put their gear in the shore school unless assigned. Assignments as follows:

East Roof Deck (Tented): GTN, UPN, ODU, STAN, COR, TUL, COC, Y

**West Roof Deck (Teams are welcome to bring tents, we also have a few to borrow):
CGA, D, BC, BR, T, URI, BOW**

Shore School: H, MIT. Dog Pound: NU

Please dispose of all trash in trashcans.

15. DRONES

- 15.1 Launching or landing drones at the MIT Sailing Pavilion is prohibited. Use of drones launched/landed elsewhere is entirely at your own risk and responsibility. The OA grants no permission and accepts no responsibility for drone usage.

Regatta Personnel

Regatta Chair: Matt Lindblad

PRO: Joe Fava

Bosun: Dan Tucker

Race Committee: Ali Keenan, Mark Toso, Franklin

Judges: John Pratt, Lizzie Kaplan, Annie Hughes, Zach Shapiro, Jonathan Chance

ICSSA Rep: Will be announced at competitors meeting