

SAILING INSTRUCTIONS

1. RULES

1.1 This regatta will be governed by the current Racing Rules of Sailing (2025-2028), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition (2025-2028), and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

1.2 USCG-approved Type III PFDs shall be worn at all times while on the water except while actively adding or removing clothing.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board
Located at the Sailing Boathouse

3. CHANGES TO THE SAILING INSTRUCTIONS

3.1 Changes to the Sailing Instructions made ashore will be given before it will take effect. Changes made on the water will be announced orally by the race committee and posted on shore by the RC at the next opportunity.

3.2 A change in the time for the participants' meeting on Sunday will be announced and posted after the finish of the final race on Saturday.

4. BOATS PROVIDED BY THE ORGANIZING AUTHORITY

4.1 FJs and 420s will be provided.

The following limitations shall apply:

4.3(a) the boats shall be sailed with the rigging and fittings as supplied. Electrical or rigging tape may be used to help prevent gear from snagging.

4.3(b) standing rigging shall not be adjusted nor tensions altered except by using the jib halyard.

4.3(c) every effort shall be made to avoid damage to hulls, rigging and sails.

5. SCHEDULE

5.1 Saturday

Report time	10:30am
Rig	10:40am
Competitors meeting	10:50am
Sunday Report time	9:30am

6. REGATTA FORMAT

6.1 The regatta format and number of races will be determined by the Race Committee, based time limits and expected weather conditions.

6.2 The number of races will not exceed 14 per Division

7. RACING AREA

7.1 The racing area will be upper Thames River North near the John Forsyth and East of the Rogerians Cemetery

8. COURSE

8.1 Courses will be W4, W3, W5,

9. MARKS

9.1 The rounding marks will be standard college racing buoys.

10. START AND FINISH

10.1 The start and finish lines will be between a staff on the RC boat and an adjacent mark.

11. ABANDONMENT

11.1 Races may be abandoned at any time. This changes RRS 32.1. Abandonment will be signaled by oral instruction

12. INDIVIDUAL RECALLS

12.1 When flag X is displayed, it will remain displayed until all OCS boats are completely on the pre-course side of the starting line or its extensions, or for two minutes, whichever occurs first. This changes RRS 29.1

13. PROTESTS

13.1 The finish boat and the parties to the protest at the end of the race must be notified of intent to protest.

13.2 Protest forms will be available at the Sailing Boathouse 13.3 Protests may be heard during the day, if possible.

14. REDRESS

14.1 Requests for redress arising from a race shall be reported to the finish boat. All other requests for redress shall be reported to the Sailing Boathouse.

15. Coaching

15.1 Coaching will be from shore

