



Sr. Ester Trophy
October 4-5, 2025
Hosted By Roger Williams University
New England Intercollegiate Sailing Association

SAILING INSTRUCTIONS

1. **Rules:** The regatta will be governed by the Racing Rules of Sailing 2025-2028 (RRS), the ICSA Procedural Rules (PR), College Dinghy Class Rules, NEISA Rules and Regulations, and these Sailing Instructions.
2. **Notice to Competitors:** Official Notices will be posted on the Official Notice Board located on Techscore.
3. **Changes to the Sailing Instructions:** Any change to the sailing instructions will be posted at least 30 minutes before it will take effect.
4. **Schedule of Races:**

10:30 a.m. – Saturday Report Time	9:30 a.m. – Sunday Report time
11:00 a.m. – First Race Warning	3:00 p.m. – No starting signal after (Sun)
6:00 p.m. – No starting signal after (Sat)	
5. **Boats:** The standing rigging shall not be adjusted.
 - 5.1.1 Mainsheet may be rigged with a 3:1 or 4:1 purchase.
 - 5.1.2 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
 - 5.1.3 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
 - 5.1.4 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.
6. **Racing Area:** Racing will be held in Mt. Hope Bay, hopefully in view from the Schow Roof Deck.
7. **Courses:** See course diagram on Techscore.
8. **Marks:** The marks will be orange or white balls. The starting and finish lines will be between a staff displaying a flag on the committee boat at the starboard end of the line and an orange or white ball at the port end of the line.
9. **Starts:** Races will be started in accordance with RRS Appendix U – Audible-Signal Racing System.
10. **Individual Recalls:** Individual Recalls will be signaled in accordance with ICSA Procedural Rules.
11. **General Recalls:** General Recalls will be signaled in accordance with ICSA Procedural Rules.
12. **Changing the Course:** After the starting signal, the race committee may change the position of any mark, provided that no yacht is on the leg of the course that the mark terminates and the configuration of the course is not changed. There will be no signal for such a course change.
13. **Abandonment:** After the Starting Signal, the race committee may abandon the race as appropriate for any reason directly affecting the safety or fairness of the competition. The competitors will be notified verbally from the race committee. Mt. Hope Bay is a large shipping channel, please be cautious of commercial traffic.
14. **Finish:** The finish line will be between a staff displaying a flag on the committee boat and the course side of the of the finish buoy. If a boat is delaying the completion of a race, the race committee may terminate the race and score the boat equal to last place.
15. **Protests:** Protests shall be reported to the Race Committee boat on the water upon finishing, and in accordance with the Procedural Rules you must inform the competitor after finishing at the first reasonable opportunity. Protests will be heard in an open forum with uninterested coaches via 3 minute justice.
16. **Coaching:** Procedural Rules will apply and will be from land.