



SAILING

2025 Salt Pond Invite

Robert P. Arrigan Sailing Center

September 20-21, 2025

Sailing Instructions

1. RULES

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS), and the prescriptions of US SAILING, the Procedural Rules for Intercollegiate Sailing Competition (PR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board located on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

3.1 Any changes in the sailing instructions will be announced orally by the Race Committee.

4. BOATS AND EQUIPMENT

4.1 Simmons Boatworks FJ's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

4.2 Standing rigging shall not be adjusted.

4.3 No modifications to rigging are allowed except that mainsheets may be rigged either 3:1 or 4:1.

4.4 Competitors shall report any damage or loss of equipment, however slight, to the Race Committee on the water. Violations may lead to disqualification according to PR 26. 4.3 Breakdown points will not be awarded for the failure of knots, the loss of clevis pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

5. FORMAT & ROTATION

5.1 There will be 2 races per set. Boat rotation will occur after each set, as reflected in Techscore.

5.2 The RC reserves the right to end racing at any time for safety concerns.

5.3 All rotations will take place on the Camp Fuller docks.

6.0 SCHEDULE OF EVENTS

Saturday

10:30 Report Time

10:45 Competitors' Meeting outside Arrigan Sailing Center (all A-Division sailors fully dressed). All A-Division competitors must be prepared to leave by tow to the race area immediately after the Competitors' Meeting. B-Division competitors and coaches will travel by car to Camp Fuller after the Competitors' Meeting.

11:20 First Warning. There will be no lunch break.

17:30 No Start Signal after this time

Sunday

09:30	Report Time
09:45	Tows to the race areas will depart.
10:20	First Warning
15:00	No Start Signal after this time

7.0 RACING AREA

7.1 Salt Pond

8. THE COURSE

8.1 The courses will be announced orally and are shown on the attached drawing, Appendix A - Courses.

8.2 All marks will be bright orange 2' "tomatoes".

9. START/FINISH

9.1 Races will be started in accordance with 13(b)(iv).

9.2 The start line will be between a staff on the Race Committee Boat and an Orange mark at the port end.

9.3 The finish line will be between a staff on the Race Committee Boat and an Orange mark at the starboard end for downwind finishes. The finish line will be between the windward mark (1) and offset mark (2) for upwind finishes.

9.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

10. RECALLS

10.1 Individual recalls will be signaled in accordance with PR 13(b)(iv). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.

10.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. No visual signal needs to be given. PR 13(b)(v) shall also be in effect.

11. CHANGES OF COURSE AFTER THE START

Any mark of the course may be moved in accordance with PR 13(b)(ii).

12. PROTESTS

12.1 Protests shall be filed within 20 minutes of reaching the shore after the race in which the incident occurred. Changes PR 25.

13. COACHING

13.1 PR 19 will apply, coach boats may be provided.

14. SAFETY

14.1 A boat requesting assistance from support boats should signal by waving hands overhead.

14.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

14.3 Starts may not be delayed to accommodate capsized boats.