



Sailing Instructions for SAISA Fall Women's Fleet Race Championship
October 24th-25th, 2025
FLORIDA YACHT CLUB
5210 Yacht Club Rd
Jacksonville, FL 32210

1. Organizing Authority - The Racing will be held under the jurisdiction of the Professional Race Officer. The PRO will be announced at the competitors' meeting.

2. Rules -

2.1 The Regatta will be governed by the rules as defined in The Racing Rules of Sailing for 2025 (RRS), the prescriptions of US Sailing, the Intercollegiate Sailing Association (ICSA) Procedural Rules (PR), the Notice of Race (NOR) and these Sailing Instructions (SI's).

2.2 ICSA PR 32 will be in effect.

2.3 US Sailing Prescriptions to RRS 60, 63.2 and 63.4 will not apply.

3. Notices – Notices to competitors will be posted on the whiteboard located in the classroom of the Sailing Center. It is the responsibility of each sailor to check the notice board for information. Posted instructions may be superseded by verbal instructions from the Race Committee.

4. Boats - The event will consist of combined divisions sailed in FJ's. 4.1 The standing rigging shall not be adjusted.

5. Format - The number of races will equal 8 and facilitate 2-race sets. 5.1 A and B divisions will be sailed as a combined fleet.

6. Rotations – Rotations will be posted on Techscore

7. Schedule

Friday October 24th

1000 report time

1015 competitors meeting

ASAP first warning

Saturday October 25th

0930 First warning

1200 No start signal after

It is our intention to complete the series on Friday, October 24th. Should conditions not allow the series to be completed, we will continue racing on Saturday, October 25th to complete the series

8. Race Area - The Race Area will be described at the competitors meeting.

9. Course - The Course will be announced verbally at the beginning of each race. Course descriptions will be given at the competitors' meeting and posted on the white board. W4, W5, or W3 may be sailed.

10. Marks - All rounding marks will be orange buoys. The starting mark will be a green buoy.

10.1 The starting line will be between a staff on the signal boat and a green buoy.

10.2 The finishing line will be between a staff on the signal boat and a green buoy **or** a staff on an upwind finish boat and the closest adjacent orange mark to port of the finish boat as you sail upwind.

11. Starting Signals - The 3-minute system as described in PR 18(b)(i) will be used.

11.1 When Code Flag I is displayed prior to the warning signal, the "I Flag Rule" (Rule 30.1) is in effect.

12. Recalls

12.1 Individual Recalls will be signaled by the display of Code Flag X, without an accompanying sound signal. Individual boat numbers will be hailed if possible. Code Flag X will remain hoisted until all boats have started properly, or for a period of no less than 2 minutes. General Recalls will be used in accordance with PR 18(b)(iii) and signaled by multiple sounds and the hail of "general recall".

13. Changing the Course - After the starting signal, the Race Committee may change one or more marks of the course provided no competitor is on that leg.

14. Safety - Each competitor shall wear a U.S. Coast Guard approved PFD while on the water.

15. Protests – Time limit for protests will be within 15 Minutes of Docking of the RC.

16. Breakdown - Breakdowns must be filed in accordance with the ICSA Procedural Rules. The Race Committee must be notified as soon as possible after the race or after the breakdown occurs, whichever is appropriate.

17. Other Rules

17.1 All competitors shall be aware of the proximity of the course to the shipping channel. No competitor shall sail in the shipping channel when racing or during the time between races.

17.2 No boat or crew shall touch coach boats or spectator boats unless they are changing crews or are in need of assistance for a breakdown or other emergencies.