

The Peak Foliage
Hosted at UVM
by
University of New Hampshire



October 11, 2025



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the Racing Rules of Sailing (RRS), and the prescriptions of US Sailing, The Procedural Rules for Intercollegiate Sailing (PR) (except as any of these are modified by these sailing instructions), the Rules of the Collegiate Dinghy Class, the NEISA Rules and Regulations, and by these sailing instructions.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located on the Techscore webpage (scores.collegesailing.org).

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE OF EVENTS

Saturday 1100 Report Time
 11:15 Competitor's Meeting
 Coaches Meeting immediately after the competitor's meeting
 11:30 First Warning Signal

5. FORMAT

- 5.1. The event will be sailed in two divisions.
5.2. Competitors will rotate boats after every two races.
5.3. All competitors are strongly encouraged to bail their boats and fully ease the boom vang before reaching the rotation dock on the point.
5.4 Teams should make an effort to rotate quickly.
5.5 Ten races are scheduled.

6. BOATS & EQUIPMENT

- 6.1. FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors may adjust lines and controls normally adjusted. Sailors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
6.2. The standing rigging nor compression batten shall not be adjusted.
6.3. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water. Or to the dock/boat committee immediately after arriving on shore.
6.4 Please make certain to remove the centreboard bungee before lifting the boat out of the water at the end of use.
6.5 The jib tack line may be adjusted between races. The rudder must be tied into the boats.
6.6 The penalty for infringing instruction 6.2 or 6.6 will be disqualification from all races sailed in contravention of those instructions.

7. ROTATION

7.1 The rotation of boats will be in accordance with the online rotation.

8. COURSES and MARKS

8.1. All rounding marks will be red, white or orange balls.

8.2. The starting mark will be the farther away buoy on the port side of the Race Committee boat.

8.3 Any Mark of the course may be moved in accordance with PR 18 (c)(i).

9. STARTING and FINISHING

9.1 Races will be started in accordance with PR 18(b) and PR Appendix C.

9.2 The starting and finishing line will be between a staff displaying a flag on the Race Committee Start Boat and the course side of the starting mark.

9.3. If a boat is delaying the finish of a race, the Race Committee may end the race and score the boat in its current position.

10. Recalls

10.1 Individual Recalls will be signaled in accordance with PR 18(b)(ii), except the maximum time Code Flag “X” will be displayed is 60 seconds. The Race Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.

10.2 The “I” Flag may be displayed at any time, meaning the 1-minute rule is in effect.

10.3 Multiple horns/whistles and the hail of the words “General Recall” will signal a General Recall. The “first substitute” flag may be displayed to help with general recalls.

11. COURSE and COURSE CHANGES

11.1 Courses will be announced orally and taken from the course diagrams on the Official Notice Board.

11.2 Any course mark may be moved per PR 18 (c)(i).

12. STARTING SYSTEM

12.1 Races will be started in accordance with PR 18(b)(i).

13. PROTESTS

13.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

13.2. Protests shall be filed within 15 minutes of returning to the dock after a rotation at a postponement or at the end of the day’s sailing. This changes PR 30.

13.3. Protest forms will be available from the clipboard on the table closest to the Sailing Centre.

13.4. Video, data and/or photographs taken from any source may be presented as evidence at protest hearings.

13.5. Hearings will be convened as soon as practical. Hearings will be held by coaches present.

14. SAFETY

14.1. Competitors who require assistance from rescue boats should signify by waving their arms overhead.

14.2 A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.

14.2. Starts will not be delayed to accommodate capsized boats.

6. COACHING

- 15.1 Bring your PFD's coaches. Coaches will be on the water. Radios will be provided. You may bring your own.
- 15.2 The use of drones in the vicinity of the regatta is allowed. All drones shall comply with all local and federal guidelines. Any drone footage **must** be made available to all competitors on an equal basis **and at the same time**. Notification of drone use shall be given at the Competitor's meeting to advise teams so they can view footage equally.
- 15.3 The ICSA/NEISA rep will be Jared Reineck to provide helpful feedback to the host from the sailors or coaches.

7. Racing Area

- 7.1 The racing area will be wind direction dependent and will likely be to the North of the mooring field in Burlington Bay or West of the breakwall.

Sail with Honour

There will be Reece's Races