



PCCSC Women's Fall Fleet Race Championship

Stanford University
Redwood City, CA
October 25-26, 2025



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing and the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition, except as any of these are modified by these Sailing Instructions.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the Official Notice Board located on Tech Score.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted on the Official Notice Board before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

- 4.1. Saturday, 10/25
1030 Report Time
1100 First Possible Warning Signal
1730 No Starting Signal After

Sunday, 10/26
1030 Report Time
1100 First Possible Warning
1530 No Starting Signal After

5. FORMAT

- 5.1. The PCCSC Women's Fall Fleet Race Champion will be a combined division event; scores from the two days of racing will determine the regatta standing.
5.2. A first-place finish will result in one point scored, second, two point and so on, regardless of which divisional boat is scored.
5.3. If possible, the event will be sailed in combined divisions with 18 races scheduled in each division.
5.4. The RC reserves the right to edit the format if they feel it is impossible to complete the intended format.
5.5. Saturday will be sailed in 420s and Sunday in FJs.

6. BOATS & EQUIPMENT

- 6.1. Laser Performance FJs and Zim 420Es will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Finish Boat.
- 6.5. Saturday's racing will be sailed in 420s
- 6.6. Sunday's racing will be sailed in FJs.

7. ROTATION

- 7.1. Teams will be assigned boats for the duration of the regatta.
- 7.2. If we change to a one on, one off format, rotations will occur on the water from crew-style launches provided by the Stanford Rowing Team. Please treat the boats with respect.

8. MARKS

- 8.1. All rounding marks will be orange.
- 8.2. The starting mark will be yellow. The starting line will be between a staff displaying a flag on the Race Committee Start Boat and the starting mark.
- 8.3. For the W4, the finishing mark will be yellow. The finishing line will be between a staff displaying a flag on the Race Committee Finish Boat and the finishing buoy. The finish line will be the same as the starting line.
- 8.4. The finish mark used for the W3 and W5 will be orange.

9. COURSE

- 9.1. Course diagrams will be on the Official Notice Board.
- 9.2. Proposed courses will be W3, W4 and W5s
- 9.3. For the W3 and W5 races, the upwind finish line will be constituted by an anchored power boat, displaying a flag to the right of the windward mark and the windward mark itself.

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).

11. RECALLS

- 11.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).

12. PROTESTS

- 12.1. Written protests, including requests for redress and breakdowns, shall be filed within 30 minutes of reaching shore at the end of racing each day.

13. SAFETY

- 13.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 13.2. Starts will not be delayed accommodating capsized boats.

14. COACHING

- 14.1. PR 19 will apply.
- 14.2. A coach boat may be provided for all teams. Alternates may share the coach boat with the coaches.