



2025 NEISA Women's Singlehanded Championship

Host Team: Brown University

Ted Turner '60 Sailing Pavilion/Edgewood Yacht Club

Cranston, RI

Sept 12-13, 2025

SAILING INSTRUCTIONS

1 RULES

1.1 The regatta will be governed by the rules as defined in the current Racing Rules of Sailing, the NEISA Regulations, the Procedural Rules of the Intercollegiate Sailing Association, and the College Dinghy Class Rules, except as any of these are modified by the Sailing Instructions.

1.2 Procedural Rule 32 shall be in effect.

1.3 In the event of a conflict between the Notice of Race and the Sailing Instructions, the latter shall take precedence.

1.4 Although boats are not supplied by the OA, breakdowns shall be handled by PR 23 (changes RRS 62.1).

1.5 Class Legal ILCA 6 hull, sail, and equipment are required for the NEISA Women's Championship.

2 NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the Official Notice Board on Techscore and posted to the white board on the first floor of the Edgewood Yacht Club.

3 CHANGES TO THE SAILING INSTRUCTIONS

3.1 Any changes to the Sailing Instructions will be posted 20 minutes prior to the race it will affect. Any schedule change will be posted by 1900 on the day before it takes effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be announced verbally by the race committee.

5 SCHEDULE AND NUMBER OF RACES

5.1 Friday Sept 12

1400 Report Time @ the Edgewood Yacht Club

1420 Coaches Meeting (1st Floor of the Edgewood Yacht Club)

1430 Harbor start beginning with ILCA 6 Fleet

1530 First Warning for ILCA 6 Fleet, ILCA 7 Fleet to follow

1900 No Starting Signal after this time

Saturday, Sept 13

0930 Report Time @ the Edgewood Yacht Club

1030 First Warning (fleet TBD)

1800 No Starting Signal after this time

5.2 12 races are scheduled. A maximum of 8 races will be sailed per day.

6 CLASS FLAGS & ORDER OF STARTS

6.1 The class to start will be announced verbally from the race committee signal boats. There will be no class flags.

7 RACING AREA

7.1 The racing area will be the upper waters of Narragansett Bay.

8 MARKS

8.1 Mark 1 will be a yellow tetrahedron. The offset mark will be an orange ball. Mark 2 and 3 (gate marks) will be orange balls.

8.2 The starting mark will be a white ball.

8.3 The finish mark will be an orange ball or tetrahedron

9 COURSES

9.1 Course layout will be as diagramed in Attachment A on the Official Notice Board.

10 THE START

10.1 Races will be started in accordance with ICSA Procedural Rule 18 (b)

10.2 The starting line will be between a staff displaying an orange flag on the RC signal boat at the starboard end and the port end starting mark.

11 THE FINISH

11.1 On course W4, the finish will be between a staff displaying an orange flag on the RC signal boat and the nearby orange ball or orange tetrahedron upwind of the finish boat.

12 PENALTY SYSTEM

12.1 A boat that does not take a penalty signaled by an umpire shall be penalized again until she completes her penalty. If it becomes clear that the boat will not take a penalty she may be protested by the umpire who initially penalized her as specified in rule 60.3(a). This changes rule 64.1 and Appendix P2.

13 PROTESTS

13.1 Protest forms will be available at the Regatta Headquarters.

13.2 A protest by a boat, or by the Race Committee or Protest Committee about an incident observed in the racing area, shall be delivered to the Regatta Headquarters no later than 30 minutes after the last boat reaches the shore after the last race of the day.

13.3 Protests hearings will be heard in the approximate order they are received as soon as possible following the end of racing.

14 SAFETY

14.1 A boat that retires from a race shall notify race officials (RC, judges, safety boats) as soon as possible.

15 COACHING

15.1 Coach boats may be provided.

16 DISCLAIMER OF LIABILITY

16.1 Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by