

McGill Cup

September 27th-28th 2025

Pointe-Claire Yacht Club

SAILING INSTRUCTIONS

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 The Procedural Rules for Intercollegiate Sailing Competitions apply.
- 1.3 The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

2 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the online notice board or given orally to competitors.
- 3.2 During the event, the race office is located at the Pointe Claire Yacht Club. Prior to the event the organizing authority can be reached at: Tel: 905-609-1404 email: mcgillsailing@gmail.com

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1000 on the day it will take effect except that any change to the schedule will be posted by 2000 on the day before it will take effect.

4 CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 Competitors and support persons shall handle boats and all related equipment provided by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the committee boat while at dock.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

Saturday, September 27th, 2025

Report Time	1030
Skippers Meeting	1045
First Warning	11:30

Sunday, September 28th, 2025

Report Time	0930
First Warning	1030
Last Possible Warning	1500

There is no limit as to the number of races to be sailed each day other than that the last possible warning is at 1500 on Sunday, September 28, 2025.

7 CLASS FLAGS

The class flag for all races will be numeral pennant four.

8 RACING AREA

The racing area will be South-West of the PCYC harbour.

9 COURSES

- 9.1 Course diagram 'L' as found in The Racing Rules of Sailing Appendix S will be used. See Addendum A.
- 9.2 The course will be L2 unless race committee indicates otherwise by flying the corresponding numeral pennant for L1 or L3 in advance of the warning signal.

10 MARKS

- 10.1 The marks will be yellow spars.
- 10.2 The change mark will be an orange spar.
- 10.3 The start and finish mark will be a red ball.
- 10.4 If one mark of a gate is missing or removed, then the remaining mark is to be rounded to port.

11 OFFICIAL VESSELS

Official vessels will be identified as follows:

Race Committee: White Whaler

Mark-set: Orange and/or Red Zodiacs

Safety Boat (if required): Orange and/or Red Zodiac

12 THE START

12.1 Races will be started using a 3 minute start sequence, as shown below. This changes RRS 26.

12.2 The 3 minute start sequence is the following:

Minutes Until Start	Period	Visual	Sound	Notes
3	Warning	Display Class Flag	3 Long	
2	Preparatory	Display Prep Flag	2 Long	
1	Preparatory	Lower Prep Flag	1 Long	
0	Start	Lower Fleet Flag	1 Long	3 short sound signals may be given to mark mark 30" until go.

12.3 The starting line will be between the orange flag on the Race Committee boat and the course side of the starting mark.

12.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 2 minutes before a warning signal is made.

12.5 Individual recalls will be hailed orally, following a single whistle and a flag "X" will be displayed, this changes RRS 29.1. Failure to hear a hail will not be grounds for redress, this changes RRS 62.1(a).

12.6 Two whistles, the hail of the words "general recall" and the display of a flag "first substitute" will signal a general recall.

12.7 [NP] A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 CHANGE OF THE NEXT LEG OF THE COURSE

To change the position of the next mark, (or move the finishing line), the race committee will lay a new mark and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark, may be relocated without further signaling to maintain the course configuration. When in a subsequent change, a new mark is replaced, it will be replaced by an original mark.

14 THE FINISH

The finish line will be between the blue flag on the race committee boat and the course side of the finishing mark.

15 TIME LIMITS AND TARGET TIME

15.1 The target time for races will be 18 minutes.

15.2 The time limit will be 30 minutes. Boats failing to finish within 10 minutes after the first boat finishes or within the time limit, whichever is later, will be scored Did Not Finish (DNF). This changes RRS 35.

15.3 Failure to meet target time established previously will not be grounds for redress. This changes RRS 62.1(a).

16 HEARING REQUESTS

16.1 Hearing requests shall be submitted to the dock captain on land via ICSA protest form.

16.2 The protest time limit is 30 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

17 SCORING

17.1 No scores will be excluded, this changes RRS Appendix A2.

17.2 4 races per division are required to constitute a series.

17.3 A boat's fleet score will be the total of her race scores. A team's score will be the sum of their A & B fleet scores.

18 SAFETY REGULATIONS

18.1 A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity.

19 REPLACEMENT OF CREW OR EQUIPMENT

19.1 Substitution of competitors may be allowed at the discretion of the Race Committee. Teams shall notify the Race Committee at the beginning of the day of their intent to substitute.

19.2 Substitution of any equipment on the supplied boats will not be permitted without prior written consent of the race committee.

20 DAMAGE TO BOATS OR LOSS OF EQUIPMENT

Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, is disqualification from the race most recently sailed.

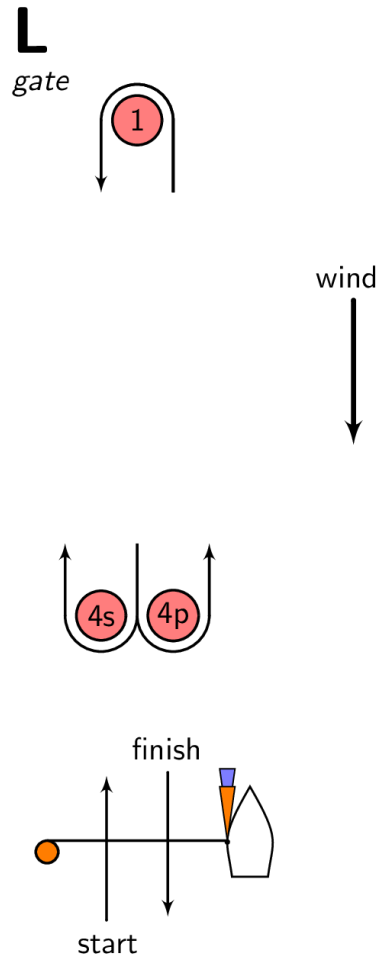
21 SUPPORT TEAMS

Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

22 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough waters, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

Addendum A - Course L



Signal Mark rounding order

- L1** Start-1-Finish
- L2** Start-1-4s/4p-1-Finish
- L3** Start-1-4s/4p-1-4s/4p-1-Finish