



**2025 College Sailing Singlehanded
National Championships for the
Glen S. Foster and Janet Lutz Trophies
Hosted by
Old Dominion University
November 8-9, 2025**

1. RULES

- 1.1. If there is a contradiction between the ILCA Class Rules and the ICSA Procedural Rules, the ICSA Procedural Rules shall take precedence.
- 1.2. Compasses that are compliant with ILCA Class Rules shall be permitted for this event.
Changes ICSA Class Rule 7.2
- 1.3. The Organizing Authority (OA) is the ICSA and Old Dominion University.
- 1.4. Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"
- 1.5. The first sentence of PR 13(c) is deleted and replaced with "Each competitor shall wear a USCG - approved inherently buoyant Type III, Type V, Level 50 or Level 70 PFD at all times while on the water except briefly while changing or adjusting clothing or personal equipment."

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the Notice Board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the Sailing Instructions will be announced verbally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, November 8

0900 Report Time
0915 Competitor Meeting
1015 First Warning

Sunday, November 9

0900 Report Time
1000 First Warning
1500 No Start Signal After

5. FORMAT

- 5.1. There shall be a maximum of 14 races sailed. The target time for each race will be 25

minutes. There will be no rotation.

6. BOATS & EQUIPMENT

- 6.1 The Janet Lutz Trophy will be raced in ILCA 6. The Glenn S Foster Trophy will be raced in ILCA 7. All boats must be chartered from the official supplier, Zim Sailing.

7. THE COURSE

- 7.1. The courses will be announced verbally and taken from the Course Diagrams on the Notice Board.
7.2. All marks will be orange spheres, except the finishing mark which will be yellow.
7.3 The Class flag for the ILCA 6 will be ILCA logo on a yellow field
7.4 The Class flag for the ILCA 7 will be ILCA logo on a white field

8. START/FINISH

- 8.1. The start line will be between an orange staff on the Race Committee Boat and an orange staff on an anchored pin end boat, or a yellow poly ball.
8.2. The finish line will be between a staff with a blue flag on the starboard side of the Race Committee boat and a nearby round yellow sphere.

9. REQUESTS FOR HEARINGS

- 9.1. Request for Hearing forms will be available in the ODU Sailing Center Classroom
9.2 Hearings will take place in the ODU Sailing Center Classroom.

10. COACHING

- 10.1. Coaching will be from boats provided by the OA, or from shore as conditions permit.
10.2. While boats are racing, coach boats shall remain in the designated coaching zone unless otherwise directed by the OA.

11. CAMERAS AND ELECTRONIC EQUIPMENT

- 11.1. Boats may be required to carry GPS trackers as specified by the OA.