

Central Fall Series 1
Washington College
September 6-7, 2025
SAILING INSTRUCTIONS

1. RULES

1.1 This regatta will be governed by the current Racing Rules of Sailing 2025-2028 (RRS), the Procedural Rules (PR), and the MAISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

1.2 RRS Appendix P will be in effect, as modified by PR 32.

1.3 Any questions regarding these Sailing Instructions should be submitted in writing to eclayton2@washcoll.edu and will be passed on to the jury

2. NOTICES TO COMPETITORS

2.1 Notices will be posted on the official regatta notice board located outside the Hodson Boathouse Main Office

3. CHANGES IN SAILING INSTRUCTIONS

3.1 Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday

0900 Report Time

0930 Competitors Meeting

1000 First Warning Signal

Sunday

0900 Report Time

0930 First Warning Signal

1500 No Starting Signal After

5. FORMAT

5.1 The event will be sailed in 2 divisions.

5.2 A double round robin of 12 races is scheduled. Competitors will switch boats after every two races.

5.3 A-Division and B-Division will sail FJs provided by Washington College.

6. BOATS & EQUIPMENT

6.1 FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

6.2 Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.3 The standing rigging shall not be adjusted.

6.4 The penalty for infringing instruction 6.1, 6.2, or 6.3 will be disqualification from all races sailed in contravention of those instructions.

6.5 Competitors shall report all damage or loss of equipment, however slight, to the PRO/dock staff or to the Race Committee Finish Boat on the water.

7. ROTATION

7.1 The rotation of boats will be in accordance with the online rotation, which is available on Tech Score.

8. MARKS

8.1 All rounding marks will be orange/red balls.

8.2 The starting mark will be an orange/red ball. The starting line will be between a staff displaying the Maryland state flag on the Race Committee Start Boat and the starting mark.

8.3 For downwind finishes on course W4, the finishing mark will be an orange ball (same as start mark). The finishing line will be between a staff displaying the Maryland state flag on the Race Committee Boat and the finishing mark (same as starting line).

8.4 For upwind finishes on courses W3 and W5, the finishing line will be between the windward mark and the offset mark (marks 1 and 2).

9. COURSE

9.1 Courses will be posted on the Official Notice Board and will be Windward/Leewards with 3, 4, or 5 legs.

10. STARTING SYSTEM

10.1 Races will be started in accordance with PR 18(b)(i)

11. RECALLS

11.1 Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii). 11.2 A general recall will be used in accordance to PR 18(b)(iii). No visual signal will be given. After a general recall, the Round-an-End Rule, RRS 30.1, shall apply and no signal need be given. (Changes RRS 30.1)

12. PROTESTS

12.1 Protests shall be filed in accordance with the ICSA Procedural Rules.

12.2 Protests shall be filed within 30 minutes of securing boats to the shore after the last race or set of races for the day.

12.3 Protests forms will be available in the Hodson Boathouse Main Office.

13. SAFETY

13.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead.

13.2 A competitor who retires from a race shall notify the Race Committee as soon as possible.

13.3 Starts will not be delayed to accommodate capsized boats.

14. COACHING

14.1 PR 19 will apply. All coaches shall remain on land, no coach boats will be provided.