

## **2025 Allstate Sugar Bowl Intercollegiate Regatta**

### **Sailing Instructions**

1. Rules: The regatta will be governed by the Racing Rules of Sailing 2025-2028, the ICSA Procedural Rules 2025-2028 and these Sailing Instructions.
2. Notice to Competitors: Official Notices will be posted on the Regatta Notice Board in the Southern Yacht Club Grill and Techscore.
3. Changes to the Sailing Instructions: Any changes to the sailing instructions will be posted on the Regatta Notice Board, and may be made orally by the race committee.
4. Schedule of Races:

|                          |                |
|--------------------------|----------------|
| Saturday                 |                |
| Report Time              | 0900           |
| Competitors Meeting      | 0915-SYC Grill |
| First Warning Signal     | 1000           |
| Last start no later than | 1700           |
|                          |                |
| Sunday Report Time       | 0900           |
| First Warning Signal     | 1000           |
| Last start no later than | 1500:00:00     |

The intended format is to complete 14 races total. 7-8 races with a break Saturday, followed by another 6-7 on Sunday. This is subject to change.
5. Boats: 420s and FJs shall be raced as supplied by Tulane University and Community Sailing New Orleans. The standing rigging shall not be adjusted.

On Saturday, the OPEN regatta will start in 420s, and the WOMEN'S regatta will start in FJs. Both regattas will swap fleets on Sunday
6. Rotation: Boats will be rotated on the water, at Southern Yacht Club, or the northernmost floating dock in the Municipal Yacht Harbor.
7. Racing Area: The racing area will be Lake Pontchartrain.
8. Courses: The diagrams will be posted on the Official Notice Board. The courses will be designated by oral instructions from the Race Committee.
9. Marks: All Windward Marks will be Orange Balls. The Gate Marks will be Green Balls. The starting and finish line will be between staff with an Orange Flag on a committee boat at the starboard end of the line and a Yellow Ball on the port end of the line.
10. Starts: Races will be started in accordance with ICSA Appendix C.

11. Changing the Course: After the starting signal, the RC may change the position of any mark, provided that no yacht is on the leg of the course that the mark terminates and the configuration of the course is not changed. There will be no signal for such a change. (This changes RRS 33)
12. Abandonment: After the starting signal, the RC in consultation with the regatta chairman or jury may abandon the race as appropriate for any reason directly affecting the safety or fairness of the competition. A sound signal and the hail of "race abandoned" may be used in the place of other visual signals. (This changes RRS 32.1)
13. The Finish: If a boat is delaying the competition of a race, the RC may terminate the race and score the last boat equal to last place.
14. Protests: Shall be delivered to a race official in the Southern Yacht Club Grill no later than 20 minutes after each break or after the last boat reaches shore following a postponement or final race of the day. This changes PR 30.
15. Scoring: Procedural Rules will apply
16. Breakdowns: Procedural Rules will apply.
17. Safety: Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the RC as soon as possible.
18. Capsizes: A capsized boat may be righted and sail on by its crew at any time. If the safety of the crew or boat is in jeopardy, or if the progress of the regatta is affected the RC may require that assistance be accepted and the competitors retire from the race.
19. Coaching: Procedural Rules will apply.