



Sister Esther Trophy Hosted by Salve Regina University

October 5-6, 2024

SAILING INSTRUCTIONS

1. RULES - This regatta will be governed by the rules as defined in the Racing Rules of Sailing 2021-2024, the ICSA Procedural Rules, and these Sailing Instructions. The organizing authority is the Intercollegiate Sailing Association of North America in conjunction with host Salve Regina University.

Note: RRS44.1 shall be replaced with RRS Appendix V rule V1.

2. NOTICES TO COMPETITORS - Notices to competitors will be posted on the official notice board on Techscore.

3. CHANGES TO THE SAILING INSTRUCTIONS - Any change to the sailing instructions will be posted 10 minutes before the boat rotation for the races, and it will take effect.

4. SCHEDULE - 17 races are scheduled, of which three races shall be required to constitute a series as provided in the ICSA PR.

There will be no competitors meeting, and any questions regarding this event can be emailed to: brittney.manning@salve.edu.

Sails, rudders, and tillers are in the boats and SRU undergrads will be standing by to assist as needed. FJs are located at the Sail Newport youth dock & Larks are in the Fort Adams basin (see map in APPENDIX C).

Saturday

10:30 Report Time

NO COMPETITORS MEETING

11:00 First Warning

18:00 No Race After This Time

Sunday

9:30 Report Time

10:00 First Warning

15:00 No Race After This Time

5. FORMAT - Racing will be held in FJ's & Larks with A & B Divisions. The regatta format will be Fleet racing with a maximum of 17 races in each division. A division will sail Larks Saturday and FJs Sunday, while B division will sail FJs Saturday and Larks Sunday.

Decisions regarding lark sails (square-top or reduced cut) will be posted to the notice board at least one hour before the first scheduled race. When hoisting lark mains, refer to instructions on tech score and in APPENDIX B to ensure the halyard doesn't slip.

6. RACING AREA - The racing area will be near Fort Adams, in either Narragansett Bay or Newport Harbor (see venue map). The race committee will make its best efforts to keep racing as close to shore as possible.

7. VENUE - This weekend, Fort Adams is hosting the Audrain Concourse event. They take up the entire north end of the park/Fort Adams area of the park. Do not leave any belongings in the visitor center or on the lawn. Gear (bags, coolers, etc.) may be stored on the docks in the basin. All coaches, alternates, and spectators may watch from the seawall of the basin. Bathrooms are available in the Visitors Center and Sail Newport.

7. ROTATION - Rotations will occur every two races. We will rotate in the Fort Adams Basin (see venue map).

8. COURSES and MARKS - The courses are illustrated in APPENDIX A of these Sailing Instructions.

Courses will be announced verbally by the Race Committee Signal Boat before the warning signal. If a competitor is unclear of the course, they may ask the RC for clarification at any time before 2 mins of the start of that race.

9. STARTING AND FINISHING LINES; STARTING SYSTEM - Races will be started in accordance with RRS S3. The starting/finishing (except when finishing to windward) line will be between a staff displaying an orange flag on the Race Committee Signal Boat and the water's edge (course side) of an orange starting mark. When finishing to windward, the finish line will be between water's edge (course side) of marks W1 and W2. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

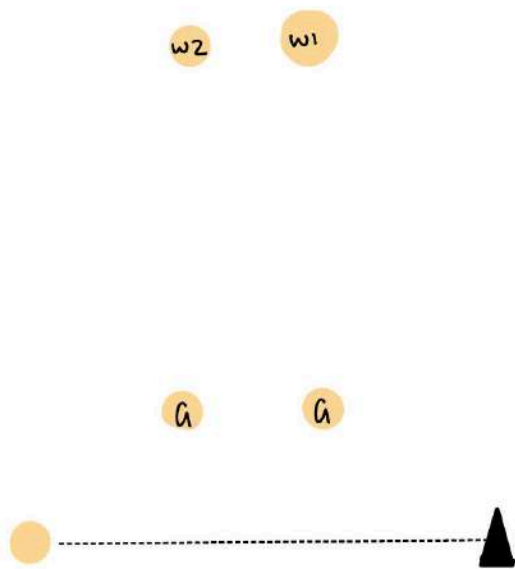
10. PROTESTS - Protests shall comply with the ICSA Procedural Rules. Protest forms are available in the Salve Sailing Center/Wallace Building (Green building near FJ dock) and shall be submitted to the Scorer. Protests shall be filed within 15 minutes of reaching the dock after a race set is completed, postponement at the dock, or the last race of the day. This changes PR 30. Hearings will be held as soon as possible.

11. COACHING - ICSA PR 19 will apply. All Coaches shall remain ashore.

12. DISCLAIMER - Competitors shall participate in the regatta entirely at their own risk (see RRS 4, DECISION TO RACE). Salve Regina University does not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

APPENDIX A

Course Configuration (not to scale)



Course signals will be hailed from the RC boat at or before the warning signal. The course will be W3, W4, or W5.

Marks will be orange/red inflatable balls. Windward marks shall be rounded to port. Leeward marks shall be rounded as a gate.

For Course W3 and W5, the finish is between marks W1 and W2 (NOT BETWEEN THE RC AND W1).

W3: Start-W1-W2-Gate-Finish to windward between W1 and W2

W4: Start-W1-W2-Gate-W1-W2- Finish

W5 Start-W1-W2-Gate-W1-W2-Gate-Finish to windward between W1 and W2

APPENDIX B

Lark Main Halyard Rigging instructions



Pass a bight through the green spliced loop. Loop the bight over the horn cleat (inside the board controls). Pull up and cleat as usual.

APPENDIX C

Venue Map

