

Women's Atlantic Coast Championship

Yale Corinthian Yacht Club

October 14,15, 2023

SAILING INSTRUCTIONS

1. **Rules:** The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024, the prescriptions of US Sailing, and the Procedural Rules for Intercollegiate Sailing Competition as modified by these Sailing Instructions.
2. **Notices to Competitors:** Official notices will be posted on the Official Regatta Notice Board on Techscore.
3. **Changes in the Sailing Instructions:** Any changes in the Sailing Instructions will be announced orally and posted on the official notice board before the first race in which they are to take effect.
4. **Schedule:**

Saturday	10:30 AM	Report Time
	10:45 AM	Competitors Meeting
	ASAP	Warning Signal
	No possible Starting Signal after 6pm	
Sunday	9:30am	Report Time
	10:00am	Warning Signal
	3:00pm	End of Racing.
	No Possible Starting Signal after 3pm	
5. **Boats:** Z420s and FJs as supplied by Yale University. Standing rigging shall not be adjusted. Competitors shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable
6. **Rotations:** 14 Races are scheduled for both A and B Divisions. Teams will rotate boats as per the rotation posted on Techscore. This changes PR 22(b)(i).
7. **Course:** Courses will be designated on the Regatta Notice Board. The Race Committee will give additional oral notice. Courses will not be shortened. PR 18 (c)(d)
8. **Marks:** All marks will be round orange balls.
9. **Starts:** Races will be started in accordance with PR 18(b) (i). The starting line will be between an orange flag on the race committee boat and an orange ball at the port end.
10. **Individual Recalls:** Recalls will be signaled in accordance with PR 18(b) (ii). The maximum time Code Flag "X" will be displayed is two minutes. The Race Committee will attempt to hail the sail number(s) of the recalled boat(s). Failure to hear the Race Committee's hail is not grounds for redress.
11. **General Recalls:** A General Recall will be signaled with a series of short horns, and the hail "General Recall". After a general recall, PR 18 (b) (iii), the Round-the-Ends rule, RRS 30.1, shall apply and no additional signal need be given. In addition, the race committee may implement PR 18 (b) (iii), the Round-the-Ends rule, RRS 30.1 at any time. This will be done by repeated hails by the race committee.
12. **Change of Course after the Start:** To maintain course configuration, marks may be moved as necessary, but no mark shall be moved when any boat is on the leg that it terminates. There will be no signal for such a course change.
13. **Abandonment:** In accordance with PR 18(d)(i), the race committee may abandon a race in accordance with RRS 32 except there will be no flags displayed for the abandonment.
14. **Finishes:** The finish line will be between a staff displaying an orange flag on the Race Committee boat and an orange ball to starboard of the RC boat OR between the weather mark and offset mark on a windward-leeward course with an odd number of legs. If a boat is delaying the completion of a race, the Race Committee may establish the boat's position and score the boat points equal to last place.
15. **Scoring:** Scoring will be in accordance with PR 23 and PR 24.
16. **Penalties for Breaking Rules of RRS Part 2:** The "Two-Turns Penalty" described in RRS 44 will apply. Penalties shall be reported to the Race Committee immediately after finishing.

17. **Immediate Penalties for Breaking Rules 42**: As describe in Appendix P and modified by PR 32 will apply.
18. **Protests**: Protests shall be filed in accordance with PR 29. Failure to do so may be grounds for closing the protest under RRS 63.5. Protest forms will be available in the office on the second floor of the sailing center. All protests shall be lodged with the Jury Representative there within thirty minutes of arriving ashore. Protest filing deadlines will be posted on the official regatta notice board.
19. **Judging**: Judges will be on hand to hear protests and will be on the water to watch for rule 42 infractions and immediate penalties will be administered per PR 32
20. **Wind Strength Minimum**: PR 18 (g) will apply.
21. **Breakdowns**: PR 20 will apply. Breakdowns must be reported to the race committee immediately after finishing, or if that is not possible, at the first opportunity to contact a member of the Race Committee. Breakdowns will be lodged in the same manner as protests.
22. **Capsizes**: A capsized boat may be righted and sailed on by its crew at any time before or during the race. If the safety of the boat or crew is in jeopardy, or if the progress of the race is affected, the Race Committee may require that assistance be accepted and the boat retires from the race. Starts will not be delayed to accommodate capsized boats.
23. **Coaching**: PR 19 will apply. Coaching will be permitted between races and/or sets provided coaches have equal access and the rotation is not delayed.