

Open Atlantic Coast Championships

Round 1A

Massachusetts Institute of Technology

Walter C. Wood Sailing Pavilion



October 7-8, 2023

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the Racing Rules of Sailing 2021-2024(RRS), [the Procedural Rules](#) (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2. Any questions regarding these Sailing Instructions should be submitted in writing to PRO Matt Lindblad at mitsail@mit.edu

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board online on techscore. As a courtesy, official regatta information may be posted on the bulletin board to the west of the Sailing Pavilion lobby.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE OF EVENTS

Saturday		Report Time	Sunday		Report Time
	1030			0930	
	1045	Competitor's Meeting		1000	First Warning Signal
	ASAP	First Warning Signal		1500	No Starting Signal After
	1800	No Starting Signal After			

5. FORMAT

- 5.1. The event will be sailed in two divisions.
- 5.2. Competitors will rotate boats after every two races.
- 5.3. A-Division will sail Zim 420's on Saturday and Zim FJ's on Sunday.
- 5.4. B-Division will sail Zim FJ's on Saturday and Zim 420's on Sunday.
- 5.5. In the event of sustained high winds, RC may change the proposed format in 5.3 and 5.4 and both divisions will sail 420's only.
- 5.6. All competitors are strongly encouraged to bail their boats and fully ease the boom vang before reaching the dock to rotate.

6. BOATS & EQUIPMENT

- 6.1. Zim FJs with Zim platinum sails and Zim 420's with Zim platinum sails will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to MIT Dockmaster Dan Tucker or to the Race Committee Start or Finish Boat on the water.
- 6.5. If a substitute boat needs to be employed, please bring **both sails** from the broken boat to the new boat. The sail number shall be used for rotations and scoring.

7. ROTATION

- 7.1. 14 Races are scheduled for both A and B Divisions. Teams will rotate boats as per the rotation posted on Techscore. This changes PR 22(b)(i).

8. Marks

- 8.1. All rounding marks will be pink balls on the inner part of the course and green balls on the outer part of the trapezoid course.
- 8.2. The starting mark will be the pink ball on the port side of the RC signal boat. The starting line will be between a staff displaying an orange flag on the Race Committee Start Boat and the course side of the starting mark.
- 8.3. A pin boat may be used to replace the pink starting mark. If a pin boat is used, the starting line will be between the staffs displaying the orange flag on both the pin boat and starting boat. This modifies SI 8.2.
- 8.4. The finish line will be between an orange ball and the staff displaying an orange flag on the finish boat for inner and outer trapezoid courses. The finish line will be between two yellow balls on a 'plus' designated inner or outer trapezoid course.

9. COURSE

- 9.1. Courses will be announced orally and taken from the course diagrams on the Official Notice Board and on the Tech Score event Notice Board.
- 9.2. Target race length will be 20 minutes as dictated by PR 18 (c)(ii).

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).
- 10.2. A prep or I flag may be raised at 2 minutes before the starting signal and lowered at 1 minute before the starting signal.

11. PROTESTS

- 11.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
- 11.2. Protests shall be filed within 15 minutes of securing boats to the dock after a lunch break or at a postponement or at the end of the day's sailing. This changes PR 30.
- 11.3. Protests forms will be available from the counter in the lower lobby of the sailing pavilion. They should be submitted to the score keeper at the computer in the upstairs office area.
- 11.4. Video, data and/or photographs taken from any source may be presented as evidence at protest hearings.
- 11.5. Hearings will be convened as soon as practical.

12. JUDGES

- 12.1 PR 32 will be in effect and judges will be on the water and will hear protests ashore. In addition, competitors are encouraged to review PR 29(c).
- 12.2 Judges for this event will be Kelsey Wheeler, Trevor Long and Emily Haig.

13. SAFETY

- 13.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.
- 13.2. Starts will not be delayed accommodating capsized boats.
- 13.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board at any time during the competition.

14. COACHING

- 14.1. PR 19 will apply.
- 14.2. The office area at the Sailing Pavilion is for the use of the RC, scoring personnel, and judges only.
- 14.3. The ICSA rep for this event will be NEISA conference commissioner Frank Pizzo from Bowdoin College.

Questions regarding this document, the facility or boats may be addressed to Matt Lindblad at mitsail@mit.edu