



# The McGill Cup

September 30<sup>th</sup> – October 1<sup>st</sup>, 2023

## SAILING INSTRUCTIONS

### 1. RULES

1.1. - The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024, the Procedural Rules for Intercollegiate Sailing Competition 2021-2024 (PR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions.

#### 1.2. APPENDIX T-1 PENALTIES AT THE TIME OF THE INCIDENT

The first two sentences of rule 44.1 are changed to: 'A board may take a 360°-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

### 2. ENTRY AND ELIGIBILITY

2.1. The Organizing Authority is the McGill University Sailing Team  
2.2. The regatta will use z420 dinghies.

### 3. NOTICE TO COMPETITORS

3.1. Notices to competitors will be posted on the Official Regatta Notice Board, or given orally.

### 4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed on the flagpole located on the north side of the Royal St. Lawrence Yacht Club.  
4.2. When flag "AP" is displayed ashore, '1 minute' is replaced by 'not less than 30 minutes' in race signal "AP".

### 5. SCHEDULE OF RACES

#### Racing:

Saturday, September 30<sup>th</sup>, 2023

Report Time	10:30
Skippers Meeting	10:45
First Warning	11:30

Sunday, October 1<sup>st</sup>, 2023

Report Time	9:30
First Warning	10:30
Last Warning	15:00

- 5.1. There is no maximum number of races.
- 5.2. 15 races are scheduled.
- 5.3. The scheduled final warning signal on Sunday, October 1<sup>st</sup> is 15:00 (3:00 pm).

## **6. CLASS FLAGS**

- 6.1. The class flag for all races will be announced at the skipper's meeting

## **7. RACE AREA**

- 7.1. The race area will be just west of the RStLYC harbour unless otherwise stated.

## **8. THE COURSES**

- 8.1. The course(s) will be posted on the Official Notice Board or explained to competitors orally at the Skipper's Meeting.

## **9. Marks**

- 9.1. The marks will be red or orange spheres

## **10. THE START**

- 10.1. Individual recalls will be signalled in accordance with PR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.

- 10.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. No visual signal will be given.

## **11. SHORTENED COURSE**

- 11.1. Should the Race Committee decide to shorten course after the start, it will do so in accordance with RRS 32

## **12. CHANGE OF THE POSITION OF THE NEXT MARK**

- 12.1. To change the position of the next mark, (or move the finishing line), the race committee will lay a new mark and remove the original mark as soon as practicable. The change will be signalled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark, may be relocated without further signalling to maintain the course configuration. When in a subsequent change, a new mark is replaced, it will be replaced by an original mark. The new mark will be a red or an orange sphere.

- 12.2. Boats shall pass between the mark set boat signalling the change of course and nearby mark, leaving the mark to port and the mark set boat to starboard. This changes RRS 28.1.

### **13. THE FINISH**

- 13.1. The finish line shall be between the flag on the race committee boat and a red sphere mark.
- 13.2. Boats shall only cross the finish line when they are finishing a race.

### **14. TIME LIMIT**

- 14.1. The time limit will be 30 minutes. Boats failing to finish within 5 minutes after the first boat finishes or within the time limit, whichever is later, will be scored Did Not Finish. This changes RRS 35.

### **15. PROTESTS**

- 15.1. Protests shall be written on the provided Protest Forms. Protest Forms are available with the Race Committee Representative on shore. Protests shall be filed within 30 minutes of the last boat reaching the rotation site after the set in which the incident occurred.
- 15.2. The protest committee may be composed of three race officials, that are both non-interested parties and knowledgeable of the *Racing Rules of Sailing 2021 - 2024*.
- 15.3. In addition to complying with RRS 61, sailors shall inform the Race Committee of their intention to file a protest as soon as practicable after they cross the finish line or withdraw from the race.
- 15.4. The protest committee will hear protests in approximately the order of receipt beginning as soon as possible after racing.

### **16. SCORING**

- 16.1. The Low Point scoring system, however none of a boat's scores shall be excluded.
- 16.2. 3 races are required to constitute a series.

### **17. SAFETY**

- 17.1. A boat that retires from a race is asked to notify the Race Committee as soon as possible.

### **18. REPLACEMENT OF CREW OR EQUIPMENT**

- 18.1. Substitution of competitors will not be allowed without prior approval of the race committee.
- 18.2. Substitution of any equipment on the supplied boats will not be permitted without prior written consent of the race committee.

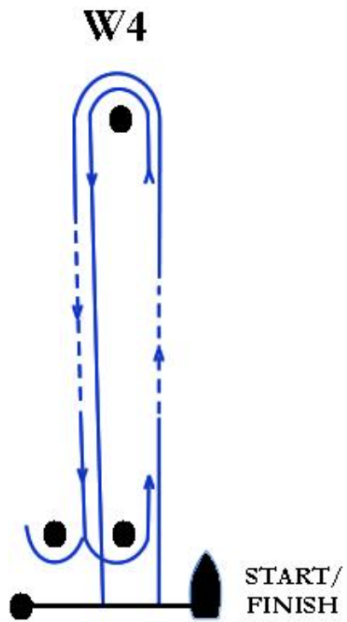
### **19. SUPPORT BOATS**

- 19.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

### **20. DISCLAIMER OF LIABILITY**

- 20.1. Competitors participate in this regatta entirely at their own risk. (See RRS 3, Decision to Race). The organizing authority will not accept any liability for

material damage, personal injury, or death sustained in conjunction with, or prior to the regatta.



## 21. Contact

Contact the McGill University Sailing Team at [mcgillsailing@gmail.com](mailto:mcgillsailing@gmail.com)