

**David Lee Arnoff Trophy
Hobart and William Smith Colleges
Sailing Instructions**

October 14-15, 2023

1. RULES

1.1 This regatta will be governed by the 2021-2024 version of the Racing Rules of Sailing and the prescriptions of US SAILING; the Procedural Rules and Class Rules for ICSCA 2021-2024; except as any of these are modified by these sailing instructions.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors, including boat rotations and courses, will be posted on the official regatta notice board located on TechScore.

3. CHANGES IN SAILING INSTRUCTIONS

3.1 Any changes in the sailing instructions will be posted by the Race Committee before the first race of the day in which they are to take effect. Any change to the schedule of races will be posted by 1800 on the day before they will take effect.

4. BOATS AND EQUIPMENT

4.1 Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

4.2 The standing rigging shall not be adjusted.

4.3 Mainsheet may be rigged with a 3:1 or 4:1 purchase.

4.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

4.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

5. FORMAT

5.1 The regatta format will be a single round robin as per ICSCA PR 22.

6. ROTATION

6.1 The rotation of boats will be in accordance with the provided rotation sheet available at the competitors' meeting. Boat exchanges will occur on the floating dock. Competitors may only pull up boats on the dock during the rotation period with the permission of the race committee.

7. SCHEDULE OF EVENTS

Saturday	0900	Report Time
	0930	First Warning
Sunday	0900	Report Time
	0930	First Warning
	1500	No Starting Signal After

8. RACING AREA

8.1 North End of Seneca Lake.

9. WIND STRENGTH MINIMUM

9.1 Race in ICSA Regattas should not be started unless the Race committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom or anchored.

10. THE COURSE

10.1 The courses will be taken from Sailing Instruction Appendix A.

10.2 Rounding marks will be orange balls as per Appendix A.

10.3 Gate Marks will be yellow balls as per Appendix A.

11. START/FINISH

11.1 Races will be started in accordance with PR Appendix C.

11.2 The start line will be between a staff displaying an orange flag on the Race Committee Boat and an orange ball to port.

11.3 The finish line will be between a staff displaying an orange flag on the Race Committee Boat and an orange ball to port.

11.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

12. RECALLS

12.1 Individual recalls will be signaled in accordance with RRS 29.1 and PR 18 (B)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.

12.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. After a general recall, the "round-the-end" provision RRS 30.1 and PR 18(B)(iii) will be in effect, without the display of code flag "I".

13. CHANGES OF COURSE AFTER THE START

13.1 Any mark of the course may be moved in accordance with PR 18(C)(i).

14. ALTERNATIVE PENALTIES

14.1 Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.

14.2 All penalties shall be reported to the Race Committee Finish Boat promptly after finishing.

15. PROTESTS

15.1 Protests shall be filed in accordance with the PR 29.

15.2 Protests shall be filed within 15 minutes of reaching the shore after the race in which the incident occurred, this changes PR 30.

16. SCORING

16.1 In accordance with PR 23 and 24.

17. BREAKDOWNS

17.1 In accordance with PR 20 and Appendix E.

18. COACHING

18.1 In accordance with PR 19.

19. ICSA REP

19.1 The ICSA Rep will be the Cornell Coach.

20. SAFETY

- 19.1 All competitors must wear USCG approved Type III PFD's when afloat.
- 19.2 It is recommended that all competitors wear either a Dry Suit or Wet Suit when afloat.
- 19.3 A boat requesting assistance from support boats should signal by waving hands overhead.
- 19.4 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'
- 19.5 Starts will not be delayed to accommodate capsized boats.
- 19.6 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.
- 19.7 If the safety of the boat, and or crew is in jeopardy, or the progress of the regatta is affected, the race committee may require that assistance be accepted. A boat that refuses such assistance will be disqualified.