



2023 Atlantic Coast Tournament US Naval Academy – October 21-22

Sailing Instructions

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024, the prescriptions of US SAILING, the Procedural and Class Rules for Intercollegiate Sailing Competition 2021-2024(PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board on techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any changes in the sailing instructions will be announced orally by the Race Committee and, when possible, posted before the first race in which they are to take effect.

4. BOATS AND EQUIPMENT

- 4.1 420s and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.
- 4.2 No modifications to rigging are allowed except that 420 and FJ mainsheets may be rigged either 3:1 or 4:1
- 4.3 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
- 4.4 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.5 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings.
- 4.6 Redress requests for breakdowns shall follow the procedure in SI 14.

5. FORMAT

- 5.1 14 races are scheduled

6. ROTATION

Boat rotations will be posted on techscore.

7. SCHEDULE OF EVENTS

Saturday	0900	Report Time
	0920	Competitors' Meeting
Sunday	0900	Report Time
	0920	Harbor Start
	1500	No Race After

8. RACING AREA

- 8.1 The Racing Area will be announced at the competitors' meeting

9. THE COURSE

- 9.1 The courses will be announced orally and taken from the course diagrams on the official regatta notice board.
- 9.2 Rounding marks will be orange marks

10. START/FINISH

- 10.1 Races will be started in accordance with PCR 18(b) (i).
- 10.2 The start line will be between an orange pole on the Race Committee Start Boat, and an orange pole on the Pin-end Start Boat.
- 10.3 The finish line will be between an orange pole on the Race Committee Finish Boat and a yellow mark.
- 10.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

11. RECALLS

- 11.1 Individual recalls will be signaled in accordance with PCR 18(b) (ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
- 11.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. Code flag "First Substitute" may also be displayed.

12. CHANGES OF COURSE AFTER THE START

- 12.1 Any mark of the course may be moved in accordance with PCR 18(c) (i).

13. ALTERNATIVE PENALTIES

- 13.1 Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.

14. PROTESTS

- 14.1 Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PCR 29(b) is changed to "Race Committee Finish Boat."
- 14.2 Protests shall be filed within 30 minutes of reaching the shore after the race or set of races in which the incident occurred. Changes PCR 30.
- 14.3 Protest forms will be located upstairs in the intercollegiate sailing office.

15. COACHING

Coach boats may be provided.

16. SAFETY

- 16.1 A boat requesting assistance from support boats should signal by waving hands overhead.
- 16.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'
- 16.3 Starts may not be delayed to accommodate capsized boats.
- 16.4 A boat that retires shall notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.