



Sailing Instructions-Fleet Racing

1. **Rules:** The regatta will be governed by the Racing Rules of Sailing 2021-2024, the ICSA Procedural Rules 2021-2024 and these sailing instructions.
2. **Notice to Competitors:** Official Notices will be posted on the Regatta Notice Board on Techscore. Copies of these Notices may also be posted in the SYC Grill.
3. **Changes to the Sailing Instructions:** Any changes to the sailing instructions will be posted on the Regatta Notice Board, and may be made orally by the race committee.
4. **Schedule of Races:**

Saturday	Report Time 0900 Competitors Meeting 0915-SYC Grill First Warning Signal 1000 No Start after 1700
Sunday	Report Time 0900 First Warning Signal 1000 Last start no later than 1500:00:00

The intended format is to complete 8 races with a lunch break Saturday, followed by another 6 on Sunday. This is subject to change.
5. **Boats:** Shall be raced as supplied by Tulane University and Community Sailing New Orleans. The standing rigging shall not be adjusted. The main halyard knot and ball shall not be adjusted or altered.
 - a. Women's Sugar Bowl will be in FJs Saturday, and z420s on Sunday
 - b. Open Sugar Bowl will be in z420s Saturday, and FJs on Sunday
6. **Rotation:** Boats will be rotated on the water, at Southern Yacht Club, or the northernmost floating dock in the Municipal Yacht Harbor.
7. **Racing Area:** The racing area will be Lake Pontchartrain.
8. **Courses:** The diagrams will be posted on the Official Notice Board. The courses will be designated by oral instructions from the Race Committee.
9. **Marks:** All Windward marks will be orange balls. The Gate Marks will be Green Balls. The starting and finish line will be between an orange Flag on a staff on a committee boat at the starboard end of the line and yellow mark on the port side of the line.
10. **Starts:** Races will be started in accordance with RRS Appendix S.
11. **Changing the Course:** After the starting signal, the RC may change the position of any mark, provided that no yacht is on the leg of the course that the mark terminates and the configuration of the course is not changed. There will be no signal for such a change. (This changes RRS 33)
12. **Abandonment:** After the starting signal, the RC in consultation with the regatta chairman or jury may abandon the race as appropriate for any reason directly affecting the safety or fairness of the competition. A sound signal and the hail of "race abandoned" may be used in the place of other visual signals. (This changes RRS 32.1)
13. **The Finish:** If a boat is delaying the competition of a race, the RC may terminate the race and score the last boat equal to last place.

- 14. Protests:** Shall be delivered to the race office in the Southern Yacht Club Grill no later than 20 minutes after each break or after the last boat reaches shore following a postponement or final race of the day. This changes PR 30. Coaches from non-involved teams shall serve as the Jury for protests.
- 15. Blank**
- 16. Scoring:** Procedural Rules will apply.
- 17. Breakdowns:** Procedural Rules will apply.
- 18. Safety:** Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the RC as soon as possible.
- 19. Capsizes:** A capsized boat may be righted and sail on by its crew at any time. If the safety of the crew or boat is in jeopardy, or if the progress of the regatta is affected the RC may require that assistance be accepted and the competitors retire from the race.
- 20. Coaching:** Procedural Rules will apply.