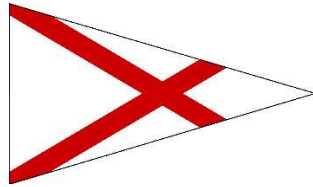


**Regis Trophy**  
**Boston University**  
**at Harvard Sailing**  
*September 17th, 2022*



**Sailing Instructions**

**1. RULES**

1.1. This regatta shall be governed by the current Racing Rules of Sailing 2021-2024 (RRS), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

**2. NOTICES TO COMPETITORS**

2.1. Notices will be posted on the official regatta notice board located on Techscore and when possible, on a whiteboard at the Boathouse.

**3. CHANGES IN SAILING INSTRUCTIONS**

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

**4. SCHEDULE**

**Saturday 09/17/2022**

Report Time: 10:30am

Competitors Meeting: 10:40am

First Warning Signal: 11:00am

No Start After 6:00pm

**5. FORMAT**

5.1. The event will be sailed in two divisions.

5.2 A Division will start in Z420's

5.3 B Division will start in CFJ's

5.4 Up to ten races are scheduled per division.

5.5 A and B division will swap fleets after race 6B.

**6. BOATS & EQUIPMENT**

6.1. Harvard University Zim CFJs and Z420's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

6.2. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.3. The standing rigging shall not be adjusted.

6.4. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.5. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Finish Boat on the water.

**7. ROTATION**

7.1. Boats will be rotated every two races according to the rotation schedule posted on Techscore.

7.2. Rotations will take place from the Harvard docks

**8 COURSES**

8.1 Courses will be announced by the Race Committee prior to the start of each race.

8.2 Courses will include either a W3, W4, or W5 with a windward offset mark and a leeward gate separate from the start/finish line. Diagrams of the courses and any modifications may be posted on the official notice board.

**9 MARKS**

9.1. All turning marks will be red. The start mark will be orange. The finish mark for the W4 course will be white.

**10 THE START**

10.1. The starting line will be between a staff displaying a flag (BU burgee) on the starting boat at the starboard end and the course side edge of the port end start mark.

10.2. Races will be started in accordance with PR 18(b)(i).

**11 THE FINISH**

11.1 On Course W4 the finish will be between a staff displaying a flag (BU burgee) on the starting boat and the white finish mark.

11.2 On Courses W3 and W5 the finish line will be between the red windward and offset marks.

**12. PROTESTS**

12.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

12.2. Protests shall be filed with 20 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Official Notice Board. This changes PR 30.

12.3. Protest forms will be available in the Sailing Pavilion.

**13. SAFETY**

13.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

13.2. Starts may not be delayed for capsized boats.

13.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Check the notice board.

**14. COACHING**

14.1. All coaching will take place from Harvard Sailing or the Cambridge shoreline of the Charles River.