



# Naval Academy Sailing

## 2022 McMillan Cup

October 22-23, 2022

### SAILING INSTRUCTIONS

The Organizing Authority (OA) is Naval Academy Sailing. The host is Navy Offshore Sailing.

#### 1. RULES

- 1.1. The Organizing Authority (OA) is Naval Academy Sailing.
- 1.2. This regatta shall be governed by the current Racing Rules of Sailing (RRS), ICSA Procedural Rules for Intercollegiate Sailing Competition (ICSA PR), and this Notice of Race, except as modified by the Sailing Instructions.

#### 2. SAILING INSTRUCTIONS

- 2.1. The Sailing Instructions will be available prior to the competitors' meeting and on the event notice board found online at [scores.college.sailing.org](https://scores.college.sailing.org).

#### 3. CREWS, BOATS, & EQUIPMENT

- 3.1. The event will be sailed on Navy 44 MK2 Sloops provided by the host.
- 3.2. Teams will rotate boats between Saturday and Sunday. Boats will be drawn at the Competitors Briefing on Saturday Morning.
- 3.3. Teams will sail with a crew of eight (8) at any one time.
- 3.4. Two (2) alternates will be allowed during the course of the regatta.
- 3.5. There shall be no crew substitution during any day after the first warning signal of the first race of the day, except in the case of emergency due to injury to a crew member. This modifies ICSA PR 14.b.

#### 4. ELIGIBILITY & ENTRY

- 4.1. Teams must accept their invitation to compete by completing the form <https://forms.gle/9x9UaEjFNUbsJJkq8>
- 4.2. Teams must submit sailing resumes for their skipper as well as each of at least three other crew members at least two days prior to competition. Resumes may be submitted via email to [tihansky@usna.edu](mailto:tihansky@usna.edu).

#### 5. SCHEDULE

- 5.1. All team briefings and skippers meetings will take place in the Offshore Classroom on the ground floor of the Robert Crown Sailing Center.

| Friday, 21 October      | Saturday, 22 October   | Sunday, 23 October  |
|-------------------------|--|---|
| 1400-1800 Open Practice | 0900 Competitors Briefing<br>0930 Mandatory Practice<br>1200 First Warning | 0900 Skippers Meeting<br>1030 First Warning<br>1400 No Start Signal After<br>1600 Awards Presentation (TBA) |

## 6. VENUE & PARKING

- 6.1. The racing area will be the Chesapeake Bay off the mouth of the Severn River.
- 6.2. Parking is available adjacent to the Robert Crown Sailing Center in unmarked parking spaces or those marked F/S only.
- 6.3. Vehicle access to the yard for visiting teams must be requested 7 days prior to arrival. [USNA Yard Vehicle Access Request for Visiting Teams](#). (password: go2navy!)

## 7. COACHING

- 7.1. On the water spectator access for coaches and alternates will be made available as space allows.

## 8. SAFETY

- 8.1. All teams must be eligible to compete in ICSA competitions and comply with the most recent *ICSA Medical Guidance for ICSA Competition*.
- 8.2. Teams will be assigned an on the water safety officer for the duration of the event.
- 8.3. Safety officers and boats will be made available from 1400-1800 on the Friday preceding the event for open practice to all teams competing. In addition, a mandatory practice will be held for all teams on Saturday morning prior to the start of racing.
- 8.4. Following all on the water sessions, should Navy Sailing or the assigned safety officer conclude that the crew is not competent to safely compete, the team's entry may be rescinded.
- 8.5. Visiting teams and coaches are expected to provide their own type III PFDs.
- 8.6. PFDs must be donned prior to boarding and closed toed shoes must be worn at all times aboard USNA vessels.

**9. PRIZES**

9.1. Prizes will be awarded for 1st, 2nd, and 3rd place overall.

**10. QUESTIONS & ADDITIONAL INFORMATION**

10.1. Navy Offshore Sailing Office

Jahn Tihansky, *Head Coach* – [Tihansky@usna.edu](mailto:Tihansky@usna.edu)

Erin Sprague, *Assistant Coach* – [sprague@usna.edu](mailto:sprague@usna.edu)