

The Women's Atlantic Coast Tournament

Massachusetts Institute of Technology
The People's Republic of Cambridge



October 16-17, 2021



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the Racing Rules of Sailing 2021-2024(RRS), [the Procedural Rules](#) (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the [NEISA Rules and Regulations](#), except as any of these are modified by these Sailing Instructions.
- 1.2. Any questions regarding these Sailing Instructions should be [submitted in writing](#) to Principal Race Officer Franny Charles.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located west of the main lobby.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE OF EVENTS

<u>Saturday</u>	1030	Report Time	<u>Sunday</u>	0930	Report Time
	1045	Distanced Competitor's Meeting		1000	First Warning Signal
	ASAP	First Warning Signal		1500	No Starting Signal After
	1800	No Starting Signal After			

5. FORMAT

- 5.1. The event will be sailed in two divisions.
- 5.2. Competitors will rotate boats after every two races.
- 5.3. B-Division will start in Zim FJs. After Race 8 they will sail in Whitecap Composite FJs
- 5.4. A-Division will start in Whitecap Composite FJs. After Race 8 they will sail in Zim FJs.
- 5.5. All competitors are strongly encouraged to bail their boats and fully ease the boom vang before reaching the dock. Teams should tie their boats up and walk away to reduce congestion.

6. BOATS & EQUIPMENT

- 6.1. Whitecap Composite FJs and Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to MIT Dockmaster Wally Corwin or to the Race Committee Finish Boat on the water.
- 6.5. If a substitute boat needs to be employed, please bring your mainsail from the broken boat to the new boat.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation.

8. MARKS

- 8.1. All rounding marks will be pink balls on the right half of the course and green balls on the left side of the course.
- 8.2. The starting mark will be the farther away pink ball on the port side of the RC signal boat. The starting line will be between a staff displaying an orange flag on the Race Committee Start Boat and the course side of the starting mark.
- 8.3. The finish line will be between two green balls on a standard inner or outer trapezoid course. The finish line will be between two yellow balls on a 'plus' designated inner or outer trapezoid course.

9. COURSE

- 9.1. Courses will be announced orally and taken from the course diagrams on the Official Notice Board and on the Tech Score event Notice Board.

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).
- 10.2. A prep or I flag may be raised at 2 minutes before the starting signal and lowered at 1 minute before the starting signal.

11. PROTESTS

- 11.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
- 11.2. Protests shall be filed within 15 minutes of securing boats to the dock after a lunch break or at a postponement or at the end of the day's sailing. This changes PR 30.
- 11.3. Protests forms will be available from the counter in the lower lobby of the sailing pavilion. They should be submitted to the score keeper at the computer in the upstairs office area.
- 11.4. Video, data and/or photographs taken from any source may be presented as evidence at protest hearings.
- 11.5. Hearings will be convened as soon as practical. Hearings shall be held outside and shall be open to all for (silent) observation.

12. SAFETY

- 12.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.
- 12.2. Starts will not be delayed accommodating capsized boats.
- 12.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board at any time during the competition.

13. COACHING

- 13.1. PR 19 will apply.
- 13.2. The use of drones in the vicinity of the regatta or the MIT Sailing Pavilion is prohibited.
- 13.3. The office area at the Sailing Pavilion is for the use of the RC, scoring personnel, and judges only. Bring your rain gear, coaches.
- 13.4. Vaccinated Spectators may only access the pavilion through the lobby front door by the coach of the team they are observing. They will be limited to the west roof deck only. The pavilion shall remain isolated and locked to the public throughout competition.
- 13.5. An ICSA rep will be designated by the PRO to provide helpful feedback from the sailors or coaches to the host. This person shall be:

14. COVID PROTOCOLS- Your cooperation shall be greatly appreciated as we do not wish to be the covid police!

- 14.1. Competitors are reminded that masks must be worn properly whenever inside the building or when distancing is not practical outside, even for a short moment. This includes transiting to/from the east roof to the lower dock level
- 14.2. Please make your lunches outside and keep distanced.
- 14.3. Anyone lingering in the lobby area must be masked. Competitors should stand in line for a bathroom outside on the dock and not on the stairway. (This is part of the Sailing Instructions and, therefore, a rule) Please help keep everyone safe.

Regatta Chair- Franny Charles, MIT Sailing Master

Questions regarding this document, the facility or boats may be addressed to: fcharles@mit.edu