

## **SAILING INSTRUCTIONS For the REGIS TROPHY**

September 18-19, 2021

### **1 RULES**

1.1 Regattas will be governed by the rules as defined in The Racing Rules of Sailing, The ICSA Procedural Rules, the Rules of the Collegiate Dinghy Class, and the NEISA Rules and Regulations Manual.

### **2 COVID-19 Protocol**

2.1 Sailors and coaches will be the only people allowed in the building or on the docks. All spectators must watch from the sidewalk.

2.2 All sailors and coaches must wear masks or buffs when they are in the building or on the dock.

Sailors and coaches will only enter the building to use the restroom, or if there are thunderstorms.

2.3 In the event of a thunderstorm all sailors and coaches are welcome to seek shelter in the boat bay.

### **3 NOTICES TO COMPETITORS**

3.1 Notices to competitors will be posted on TechScore, and they may also be posted on a whiteboard outside the building near the docks.

### **4 CHANGES TO THE SAILING INSTRUCTIONS**

4.1 Any change to the sailing instructions will be posted 15 minutes before it will take effect.

### **5 SCHEDULE**

5.1 Saturday 9/18/21  
Report Time: 10:30am  
Competitors' Meeting: 10:45am  
First Warning Signal: 11:00am

5.2 Sunday 9/19/21  
Report Time: 9:30am  
First Warning Signal: 10:00am

### **6 BOATS**

6.1 The regatta will be sailed in Harvard's fleet of Z420s and Zim FJs. Standing rigging settings shall not be adjusted.

### **7 RACING AREA**

7.1 All races will take place in the Lower Basin of the Charles River between the Mass Ave and Longfellow Bridges.

### **8 COURSES**

8.1 Courses will be announced by the Race Committee prior to the start of each race. They are likely to be W3, W4, and W5 with an offset mark and a gate separate from the start and finish lines. Diagrams of the courses and any modifications may be posted on the official notice board.

### **9 MARKS**

9.1 All marks will be pink or yellow balls with black bands around them.

## **10 THE START**

10.1 The starting line will be between a staff displaying a flag on the starting boat at

10.2 The starboard end and the course side edge of the port end starting mark.

## **11 THE FINISH**

11.1 The finish will be between two finishing marks or between a staff displaying a flag on the finishing boat and a finishing mark. On a Course W4 the finish may be to the starboard side of the Race Committee Signal Boat.

11.2 On Course W3 and W5 the finish line will be between the windward mark and the offset mark.

## **12 PROTESTS AND REQUESTS FOR REDRESS**

12.1 Protest forms are available online. Protests shall be delivered to the Race Committee within the posted protest time limit.

12.2 In the event no time limit is posted ICSA procedural rule 30 will apply.

## **13. COACHING**

13.1 All coaching will take place at the Harvard docks. The Race Committee will not delay racing to allow for coaching except when waiting for scores before the final set if time allows.