

Superintendents' Trophy



U.S. Coast Guard Academy
New London, CT
October 24, 2020



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2017-2020), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition (2017-2020), and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located outside the silo of Jacobs Rock.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday	1030	First Waring Signal
	1700	No Starting Signal After

5. FORMAT

- 5.1. The event will be sailed in two fleets, FJ's and J-70's that will be scored separately on tech score.
- 5.2. The scores from both fleets will be used toward determining which team scores a point toward the Superintendents' Trophy. Scoring the point for the for the Superintendents' Trophy will be the cumulative points of each teams top two dinghy scores and top offshore score.
- 5.3. A minimum of three races will constitute a series. A maximum of sixteen (16) races in J-70's and twenty (20) races in FJ's are scheduled for this event.

6. BOATS & EQUIPMENT

- 6.1. 22 FJs and 8 J-70's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to CGA coaches or to the Race Committee Boat on the water.

7. ROTATION

- 7.1. Boats will be assigned for each skipper and crew(s) for the duration of the event. There will be no boat rotation.

8. MARKS

- 8.1. Rounding marks will be orange balls for the FJ Fleet and green for the J-70 fleet.
- 8.2. In the event both fleets are on one course, a separate (longer) green windward mark will be set.
- 8.3. The starting line will be between a staff displaying red flag on the Race Committee Start Boat and a yellow ball at the port end (start mark) or a staff displaying a red flag on the Race Committee Pin/Finish Boat.
- 8.4. The finishing mark will be a white ball. The finishing line will be between a staff displaying a red flag on the Race Committee Pin/Finish Boat and the finishing mark.

9. COURSE

- 9.1. Course diagrams will be posted on the Notice Board.

10. STARTING SYSTEM

- 10.1. FJ races will be started in accordance with PR 18(b)(i).
- 10.2. J-70 races will be started in accordance with RRS 26.
- 10.3. Recalls will be in accordance with PR 18(b)(ii) and PR 18(b)(iii).

11. PROTESTS

- 11.1. Every attempt should be made to exonerate rule infringements on the water.
- 11.2. In the event of a protest, a "3 minute justice" will be conducted utilizing one coach from each team.
- 11.3. There will be no protest forms used in this event. PR 29 Notification will be in effect to determine validity of protests.

12. SAFETY

- 12.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 12.2. Starts will not be delayed to accommodate capsized boats.
- 12.3. At the discretion of the Regatta Chairman, a race may be abandoned at any point if there is submarine traffic approaching in the Thames River. When a race is abandoned, competitors shall sail toward Jacobs Rock floats and the rotation area. Failure to comply with SI 12.3 will result in disqualification from the regatta. This changes RRS 32.1.
- 12.4. In the J-70 fleet, competitors who are considered negligent and fail to avoid contact will be subject to the most severe penalty. A collision may result in disqualification of all parties involved (changes RRS 14).

13. PENALTIES FOR BREAKING RULES OF RRS PART 2 (J-70'S)

- 13.1. For the J-70 fleet, RRS 44.1 is modified as follows: "A boat that may have broken a rule of Part 2 while racing may take a penalty at the time of the incident. Her penalty shall be a One-Turn Penalty, unless she breaks a rule of Part 2 within the zone of any rounding mark or finishing mark, in which case her alternative penalty shall be a Two-Turns Penalty. This changes PR 31(b).

14. COACHING

- 14.1. Coach boats will be provided for all coaches (host and visiting).
- 14.2. Coaching will be performed after races and during breaks.
- 14.3. In the event of an emergency, coaches will be asked to assist competitors on their team.