

**The President and Fellows of Middlebury College Herein Known as Middlebury**  
**Sports Activities - General Release and Covenant Not to Sue**

*This is a release of your legal rights. Review this document carefully and make sure you understand it before signing. Please keep a copy for your records.*

**Name of Participant (PRINT):** \_\_\_\_\_

**Telephone No.:** \_\_\_\_\_ **Address:** \_\_\_\_\_

**Sports Activity:** \_\_\_\_\_

**Academic Year (e.g. 2011-2012, Summer 2012, etc.):** \_\_\_\_\_

I desire to participate in the above-listed Sports Activity. I understand, fully appreciate, and am willing to accept the dangers, hazards and risks inherent in the Sports Activity including, but not limited to, the possibility of injury or illness, including serious injury, paralysis, traumatic brain injury, or death, as well as property damage.

I understand that I am not required to participate in the Sports Activity but I want to do so, despite the known dangers, hazards and risks. I hereby agree to abide by all rules and instructions governing the Sports Activity. I hereby affirm that I have no health-related conditions that preclude or restrict my participation in this Sports Activity and I agree that, if any such conditions develop, I will inform Middlebury about them. I also affirm that I have adequate health insurance to provide and pay for any medical costs incurred as a result of my participation in this Sports Activity.

I am not relying on Middlebury to supervise or control my participation in the Sports Activity, or to warn me of every possible danger associated with it. I understand I am solely responsible for assessing my own skills and abilities to participate safely in the Sports Activity. Knowing the dangers, hazards and risks and in consideration for being allowed to participate, on behalf of myself, my family, estate, heirs, executors, administrators and assigns, I hereby accept all dangers, hazards and risks that may result from my participation in the Sports Activity and I hereby release Middlebury, its employees and agents from any and all claims, suits and expenses for loss of or damage to my property and for any illness or injury to me, including my death, that may result from or occur during my participation in the Sports Activity, whether caused by the negligence of Middlebury, its employees or agents, or otherwise, to the fullest extent allowed by law.

I further agree to indemnify and hold harmless Middlebury, its employees and agents, from all liability, claims, suits, and expenses that may arise out of my own negligent or intentional acts or omissions, while participating in the Sports Activity, and I assume full responsibility for my own actions.

I HAVE CAREFULLY REVIEWED THIS "GENERAL RELEASE AND COVENANT NOT TO SUE" AND I HEREBY CONFIRM MY UNDERSTANDING OF ITS CONTENTS AND AGREE TO BE BOUND BY ITS TERMS AS A CONDITION OF MY PARTICIPATION IN THE ABOVE ACTIVITY.

I  AM  AM NOT 18 YEARS OF AGE OR OLDER. (Please check as appropriate.)

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Name (PRINT):** \_\_\_\_\_

(If participant is under the age of 18 years old, this must be signed by participant's parent or legal guardian.)