

**INTERCOLLEGIATE SAILING ASSOCIATION**  
**The Peak Foliage Regatta**  
**October 20, 2019**  
**Hosted by UNH Sailing**

**Sailing Instructions**

**1. RULES-** This regatta will be governed by the rules as defined in the Racing Rules of Sailing 2017-2020, the ICSA Procedural Rules, and these Sailing Instructions. The organizing authority is the Intercollegiate Sailing Association of North America in conjunction with host UNH.

**APPENDIX T-1 PENALTIES AT THE TIME OF THE INCIDENT**

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

- 2. NOTICES TO COMPETITORS-** Notices to competitors will be posted on the official notice board located on the door to the boathouse.
- 3. CHANGES TO THE SAILING INSTRUCTIONS-** Any Change to the Sailing Instructions will be posted 10 minutes prior to the boat rotation for the races it will take effect.
- 4. SCHEDULE -** Sixteen races per Division are scheduled, of which three (3) races per Division shall be required to constitute a series as provided in the ICSA PR.

Sunday

9:30

Report Time

No race shall start after 3

- 5. FORMAT -** The regatta format will be a single round robin using provided FJ's.
- 6. RACING AREA -** The racing area will be Mendums Lake.
- 7. ROTATION -** The rotation of boats will be in accordance with the provided rotation available on tech score. Competitors may only pull up boats on the dock during the rotation period with the permission of the race committee. Please ease the vang between races and **do not land** at the dock during a set unless receiving prior permission from the RC. Rotations will take place off the plastic dock on the point.

- 8. COURSES and MARKS** - The courses will be determined Sunday morning depending on wind direction and will be announced at the Competitors meeting and posted on the Notice Board.
- 9. STARTING AND FINISHING LINES; STARTING SYSTEM** - Races will be started in accordance with PR 18 with the exception that whistles may be used instead. The starting line will be between a staff on the Race Committee Signal Boat and the water's edge (course side) of the starting mark. The starting pin will be the farther away lime green ball. The finishing line shall be between the lime green buoy on the starting line and a staff on the Race Committee Signal Boat.
- 10. PROTESTS** - Protests shall comply with the ICSA Procedural Rules. Protest forms are available on the table in front of the workbench in the boathouse. Protests shall be filed within 10 minutes of reaching the shore, after a lunch break, postponement, or the last race of the day. This changes PR 30. Hearings will be held as soon as possible with all participating school's coaches assisting.
- 11. RECALLS**
1. 11.1 Individual recalls will be signaled in accordance with PR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
  2. 11.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. No visual signal will be given. PR 18(b)(iii) shall also be in effect.
- 12. BOATS** - Boats shall be rigged as provided by the hosts. The standing rigging may not be adjusted.
- 13. CLEAN-UP** - At the conclusion of sailing on both days, please remove the blue bungee from the centerboard before pulling the boats up on the dock. Tie down hulls after pulling boats up so that the side stays are adjacent to the bunkers. Please relieve the tennis balls in the FJs. Attach the jib halyard to the loop in the painter (bow line) and tension it to prevent the mast from bouncing around. Secure the vang.
- 14. COACHING** – A coach boat will be provided for coaches as well as a radio for communication purposes.
- 15. NEISA REPRESENTATIVE** - the Race Committee shall appoint a Representative who shall assist in ensuring the quality and fairness of the competition. This representative shall act as a liaison between the teams in attendance and the Race Committee Chairman. The rep for this event is: (will be announced at competitors meeting on Saturday).