

# New England Women's Singlehanded Championship

## Olympians' Trophy

Yale University/ Niantic Bay YC  
September 14-15, 2019

### SAILING INSTRUCTIONS

#### 1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing 2017-2020 (RRS); the 2017-2020 Updated August 7, 2018 Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition; and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2. PR 32 (RRS Appendix P with modifications) shall be in effect.
- 1.3. Any questions regarding these Sailing Instructions should be submitted in writing to Chief Umpire John Moulthrop, john.moulthrop@yahoo.com.

#### 2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located on Techscore – [www.scores.collegesailing.org](http://www.scores.collegesailing.org).

#### 3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

#### 4. SCHEDULE OF EVENTS

Saturday	1030	Report Time	Sunday	0930	Report Time
	1045	Competitors Meeting		1030	First Warning Signal
	1145	First Warning Signal		1500	No Starting Signal After

#### 5. FORMAT

- 5.1. The total number of races scheduled shall be equal to the total number of registered competitors or 14, whichever is fewer (changes PR 22(b)(i)).

#### 6. BOATS & EQUIPMENT

- 6.1. Competitors are responsible for bringing their own Laser Radials.
- 6.2. Sail numbers will be supplied by the Organizing Authority and are required to be displayed as directed by the OA.
- 6.3. Breakdowns will be handled per ICSA Procedural Rules.
- 6.4. After the start of Race 1, competitors must be given permission by the Race Committee to make any changes to their equipment, including but not limited to the hull, spars, sail, control lines/systems, tillers and blades. Competitors may bring spare parts afloat aboard coach boats if coach boats are provided.
- 6.5. Although this is not a sanctioned Laser Class event, all boats shall be in compliance with the Laser Class Equipment Measurement Rules.
- 6.6. Competitors may not share equipment while on the water.
- 6.7. The penalty for infringing instruction 6.3, 6.4, or 6.5 will be disqualification from all races sailed in contravention of those instructions.

#### 7. ROTATION

- 7.1. There will be no rotation. Competitors shall sail their own boat for the entire regatta (changes PR 22(b)(1)).

#### 8. MARKS

- 8.1. All rounding marks will be yellow inflatables.
- 8.2. The starting mark will be a pink ball. The starting line will be between a staff displaying an orange flag on the Race Committee Start Boat and the starting mark.
- 8.3. The finishing mark will be a white ball. The finishing line will be between a staff displaying an orange flag on the Race Committee Finish Boat and the finishing buoy.

## **9. COURSE**

- 9.1. Courses will be posted on the official notice board.

## **10. STARTING SYSTEM**

- 10.1. Races will be started in accordance with PR 18(b)(i).

## **11. RECALLS**

- 11.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).
- 11.2. A general recall will be used in accordance to PR 18(b)(iii).

## **12. PROTESTS**

- 12.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
- 12.2. Protests shall be filed with 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. This changes PR 30.
- 12.3. Protests forms will be available at the Niantic Bay Yacht Club.

## **13. SAFETY**

- 13.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 13.2. Starts will not be delayed to accommodate capsized boats.

## **14. COACHING**

- 14.1. PR 19 will apply.
- 14.2. One coach per college/university entered may be permitted to go afloat on supplied coach boats.
- 14.3. Coach boats may be required to anchor. Coaches will be notified orally by the RC if anchoring is required.