



2019 LASER SOUTH / WOMEN'S OPEN

US Naval Academy – September 7-8

Sailing Instructions

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2017-2020, the prescriptions of US SAILING, the Procedural and Class Rules for Intercollegiate Sailing Competition 2017-2020(PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).
- 1.2 PCR 32 Immediate penalties for breaking RRS 42 shall be in effect for this regatta.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board located in the Robert Crown Sailing Center.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any changes in the sailing instructions will be announced orally by the Race Committee and, when possible, posted before the first race in which they are to take effect.

4. BOATS AND EQUIPMENT

- 4.1 Lasers, FJs or Z420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.
- 4.2 No modifications to rigging are allowed except that FJ and Z420 mainsheets may be rigged either 3:1 or 4:1
- 4.3 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
- 4.4 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.5 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings.
- 4.6 Redress requests for breakdowns shall follow the procedure in SI 14.

5. FORMAT

- 5.1 14 races per regatta are scheduled.

6. ROTATION

The rotation of boats will be in accordance with the provided rotation sheet available on techscore. Boat exchanges will occur at the location prescribed at the competitors' meeting.

7. SCHEDULE OF EVENTS

Saturday	0900	Report Time
	0920	Competitors' Meeting
Sunday	0900	Report Time
	0920	Harbor Start
	1500	No Starting Signal After

8. RACING AREA

- 8.1 The Racing Area will be announced at the competitors' meeting

9. THE COURSE

- 9.1 The courses will be announced orally and taken from the course diagrams on the official regatta notice board.
- 9.2 Rounding marks will be orange marks

10. START/FINISH

- 10.1 Races will be started in accordance with PCR 18(b) (i).
- 10.2 The start line will be between a staff displaying a flag on the Race Committee Start Boat, and a red or orange mark or a staff displaying a flag on the Pin-end Start Boat.
- 10.3 The finish line will be between a staff displaying a flag on the Race Committee Finish Boat and a yellow mark.
- 10.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

11. RECALLS

- 11.1 Individual recalls will be signaled in accordance with PCR 18(b) (ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
- 11.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. Code flag "First Substitute" may also be displayed.
- 11.3 Following any general recall, PCR 18(b) (iii) shall also be in effect.

12. CHANGES OF COURSE AFTER THE START

- 12.1 Any mark of the course may be moved in accordance with PCR 18(c) (i).

13. ALTERNATIVE PENALTIES

- 13.1 Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.

14. PROTESTS

- 14.1 Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PCR 29(b) is changed to "Race Committee Finish Boat."
- 14.2 Protests shall be filed within 30 minutes of reaching the shore after the race or set of races in which the incident occurred. Changes PCR 30.
- 14.3 Protest forms will be located adjacent to the official regatta notice board and must be turned in to the scorer located next to the upstairs classroom.

15. COACHING

In accordance with PCR 19, a coach boat may be provided as described at the competitors' meeting, otherwise all coaching is to be done from the pier and seawall at the Robert Crown Sailing Center or from designated coach boats.

16. SAFETY

- 16.1 A boat requesting assistance from support boats should signal by waving hands overhead.
- 16.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'
- 16.3 Starts may not be delayed to accommodate capsized boats.
- 16.4 A boat that retires shall notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.

17. MINIMUM WIND STRENGTH

- 17.1 Races in MAISA Championship Regattas should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom or anchored. If the wind speed is less than three knots (3.45 mph) in the starting area at any time during the last minute prior to the start signal, the start should be abandoned.